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11 days Bhutan Trekking

URL: <https://boundlessadventure.com/bhutan-trekking>

Duration

11 Days

Difficulty

Adventurous

Best Seasons

Mar-June, Sep-Dec

Transportation

Flight

Max Altitude

4000 m, Jangchulakha

Trip Type

Trekking

Meal

Breakfast

Accommodation

Hotel, Resort.

11 days Bhutan Trekking highlights

- Explore the wonderful mountain views and rich wilderness in Bhutan Trekking.
- Views of stunning Mt. Chomlhari (7316m). Trekking in Bhutan.
- 17th-century Buddhist culture, arts, and architecture.
- The trekking goes through ethnic settlements of Tibetan Buddhists.
- National museums, Dzongs, and beautiful Monasteries.
- The superb views of the Dochula Pass (3080m).

Trip Overview

11-day Bhutan Trekking is an exciting holiday trip to explore the fantastic mountain views and unspoiled wilderness. Bhutan has a high mountain landscape in the north and forested green hills in the south. The Bhutan treks offer the spectacular mountain scenery of Chomolhari (7316m), Jitchu Drake, Tsering Gang, beautiful mountain Lakes, and glaciers.

The **17th-century** Buddhist culture and its arts and architecture add more attractions to the trekking. Bhutan Trekking's best season begins in March, April, May, June, September, October, and November.

These are the best seasons to trek in Bhutan. We provide everyone else with the best service, price, permits, visa, cost, and Itinerary from Kathmandu, Nepal.

For 2024 and 2025, WhatsApp us at +977-9851033819 or email us now. Trekking in Bhutan leads you through ideal villages and magnificent valleys full of Buddhist culture and traditions. The trek passes are highly located in Dzongs, mountain passes, and fertile lands.

Beautiful Tibetan Buddhist settlements with rich customs and rituals are on the trails. Bhutan's cultural aspect is vibrant and distinct. It is carefully preserved for tourist attractions. During the treks to Bhutan, you can explore the mystical wonders.

Bhutanese worshiped Padmasambhava guru (8th century), the founder of **Himalayan Buddhism** and a Tantric guru. They are the cultural attractions of trekking holidays in Bhutan.

The tourism department has categorized trekking routes and itineraries in Bhutan from 3 to 23 days. Druk Path Trek, Jomolhari Laya Gasa Trek, Jomolhari Loop Merak Sakteng Trek, Gangtey Trek, and Bumthang Cultural Trek are some of the popular trekking destinations in Bhutan.

Short hikes and [tours around Thimphu](#) and Paro to see the museums and natural diversities are also equally popular.

Trekking in Bhutan gives you an additional conventional opportunity to investigate the semi-tropical and snow-capped woods at the lower height, an environment with abundant fledgling life and vegetation. Bhutan's well-known trekking and climbing courses include Gangtey Trek, Druk Way Trek, Bumthum Social Trek, Chomolhari, Mountain Goddess Trek, Masagang Trek, and Southeast Face Trek.

The force and magnificence of the mountains are greater by walking than from any vehicle, and the experience will be unparalleled. Trekking In Bhutan is a low-elevation trek that opens up amid the winter.

Bhutan has long maintained a policy of isolationism both culturally and economically. Whichever route you take, whether a 2-night trek or a three-day walk around the Haa Valley from Thimpu to Paro. Or 8-day trekking to the base of Mt.Chomolhari at your convenience; you will enjoy it.

Cost of 11 days Bhutan trip

Bhutan is a beautiful, green country and a Buddhist country. However, we operate a Bhutan tour and trek from Nepal and use a combined tour between Nepal and Bhutan.

Similarly, We are operating Bhutan Trek from Nepal and using Bhutan Airlines to travel to Bhutan. The cost depends on the size of the group and trekking days. Please let us know about your interest and ego in Bhutan trekking. We'll provide Itinerary and cost details even though you are a solo traveler.

Trekking in Bhutan is a way to inspire you in the wilderness of mystical land and remote and traditional villages. Boundless Adventure has been organizing Bhutan trekking for many decades. Contact us for more details today.

The best seasons for Bhutan treks are spring and autumn, from March to April, and late September to mid-November. Boundless Adventure leads you with expert local guides to the bottom of the wilderness, traditional lifestyles, and cultural heritage of Bhutan. Please feel free to contact us for more information.

Visa, Permits, and Plane tickets

Boundless Adventure always provides the necessary documents for the adventure trip to Bhutan. Similarly, every nationality requires a Bhutan visa. Boundless Adventure arranges visas, permits, and plane tickets from the [Bhutanese Embassy](#) of Nepal within five working days.

Trip Itinerary

Considering the safety and enjoyment of the trekkers, Boundless Adventure has carefully made the 11-day itinerary for Bhutan trekking. The trek begins with a trek to Jele Dzong from Paro and passes through the stunning landscape of Bhutan. However, the itinerary is customizable, and trekkers can customize it per their preference.

Day 01: Arrive Paro (2200m)

The expedition to Bhutan trekking commences once you get to Paro International Airport. Upon your landing, our team member will be at the airport to welcome you. Once you check in and complete the formalities, you will see our representative, who will have your and our company's names. Our representative will greet you and take you in a private vehicle. Our representative will describe the beauties you will see while driving from Paro airport. Once you get to the Hotel, you can rest and freshen up. Your night stay and dinner on the day will be at the Paro's Hotel.

Destination:

Paro

Accommodation

Hotel

Transportation:

Car

Duration:

40 minute

Food:

Not Included

Day 02: Paro Sightseeing

Bhutan is at a higher elevation, so trekkers must acclimatize and adapt their bodies to the changed temperature before starting the trek here. Day two is for your Paro sightseeing and for you to adapt to the changed temperature and let your body acclimatize.

After breakfast at Paro's Hotel in the early morning, you will go sightseeing in Paro with our expert guide. The first sightseeing destination for the day is the National Museum of Bhutan (Ta Dzong). In the western part of Bhutan, the museum covers over 1,500 years of Bhutan's cultural heritage. After visiting Ta Dzong, you will head towards Rinpung Dzong, also known as Paro Dzong. Rinpung Dzong is the largest Buddhist monastery in the Paro district of Bhutan.

After a pleasant sightseeing day in Paro, we will drop you off at your Hotel for your night stay and dinner.

Note: You can also hike in Tiger's Nest on the Paro Sightseeing day.

Destination:

Paro

Accommodation

Hotel

Transportation:

Car

Duration:

4-5 hour

Food:

Breakfast, Lunch and Dinner

Day 03: Trek to Jele Dzung (3490m)

Your trekking journey will begin today. You will have a hearty morning meal at the Paro Hotel. After breakfast, our representative will pick you up from your Hotel and drop you off at the National Museum of Bhutan. From the National Museum of Bhutan, your trekking will begin.

The trek to Jele Dzung begins with a gradual ascend via the rhododendron and pine forest. As you ascend, the beautiful views of the Paro Valley will appear in front of your eyes. 3-4 hours of trek from the National Museum takes you to Jele Dzung at 3490m. There is no accommodation point at Jele Dzung, so our crew member will set up a camp for your stay. Your overnight and dinner will be at the tent camp.

Destination:

Jele Dzung

Accommodation

Tent

Transportation:

Hiking

Duration:

3-4 hour

Food:

Breakfast, Lunch and Dinner

Day 04: Trek to Jangchulakha (3770m)

Early in the morning, after a warm breakfast at the camp of Jele Dzung, you will head towards Jangchulakha. The trek involves a steep climb in the initial phase and a gradual ascent in the final phase. The trail passes through an alpine and rhododendron forest. Crossing Jele La pass at 3490m is the highlight of the trek. Also, the trek offers stunning views of the snow-capped peaks, including Mount Jomolhari and Mt. Jichu Drake.

It takes 3-4 hours to reach Jangchulakha at 3770m, covering 10km distance. Your overnight and dinner is at the Camp on Jangchulakha.

Destination:

Jangchalukha

Accommodation

Tent

Transportation:

Hiking

Duration:

3-4 hour

Food:

Breakfast, Lunch and Dinner

Day 05: Trek to Jimilangtsho (3870m)

You will have breakfast while enjoying the surrounding view and make your way toward the day's destination, Jimilangtsho. As the trek begins, it gradually ascends through dense rhododendron forests. As you climb higher, panoramic views of the Himalayan peaks will motivate you to reach your destination. The trail continues through alpine meadows, offering a glimpse into the traditional lifestyle of the Bhutanese people.

Four hours of walk from Jangchulakha takes you to Jimilangtsho lakes. The Jimilangtsho Lakes are well-known for their giant-sized trout. Panorama of Mount Jichu Drake (6,989m) and Bhutan's highest peak, Gangkar Puensum (7,497m), are eye-appealing from Jimilangtsho. Your overnight and dinner is at Camp at 3870m above sea level.

Destination:

Jimilangtsho

Accommodation

Tent

Transportation:

Hiking

Duration:

4 hour

Food:

Breakfast, Lunch and Dinner

Day 06: Trek to Simkotra Tsho (4110m)

Have a hearty morning meal while enjoying the view of Jimilangtsho Lake at your Camp. After breakfast, prepare for the day's final destination, Simkotra Tsho, at 4110m. The trek from Jimilangtsho to Simkotra Tsho takes you through lush forests, alpine meadows, and rugged mountain terrains. The trail offers stunning views of Janetsho Lake and Yakherder's Camp.

It is a 4-hour walk from Jimilangtsho to Simkotra Tsho, covering 11km. Simkotra Tsho is the highest point on the trek. Trekkers gain 240m elevation while trekking from Jimilangtsho to Simkotra Tsho. Thus, altitude-related issues can be a concern. However, we suggest you acclimatize properly, stay hydrated, and listen to your body.

You can take time to appreciate the view of Simkotra Tsho Lake. Your accommodation and dinner point

will be at a Camp near Simkotra Tsho.

Destination:

Simkotra Tsho

Accommodation

Tent

Transportation:

Hiking

Duration:

4 hour

Food:

Breakfast, Lunch and Dinner

Day 07: Trek to Phajoding (3800m)

After breakfast at Camp Simkotra Tsho, you will head towards Phajoding at 3800m. As the trail ascends, it provides a view of Mount Gangkar Puensum (7570m), the highest unclimbed peak in the world. The trail passes through yak herder camps and a forest of rhododendrons and junipers. Before reaching today's destination, Phajoding, you will navigate a Labana Pass at 4200m.

Reaching Phajoding from Simkotra Tsho is a four-hour trek with an ascending and descending section covering approximately 10km. Your overnight and dinner are at Phajoding in a camp.

Destination:

Phajoding

Accommodation

Tent

Transportation:

Hiking

Duration:

4 hour

Food:

Breakfast, Lunch and Dinner

Day 08: Trek to Thimphu (2334m)

Your journey starts to descend from the eighth day. After breakfast at Phajoding Camp, you will descend to Thimpu at 2334m. The trail from Phajoding to Thimpu descends via the lush forests, terraced fields, and stunning villages. It is 3 hour's journey from Phajoding to Thimpu. Your night stay and supper are at the Thimpu's Hotel.

Destination:

Thimpu

Accommodation

Tent

Transportation:

Hiking

Duration:

3 hour

Food:

Breakfast, Lunch and Dinner

Day 09: Drive to Punakha (1242m)

The trekking journey ends on the eighth day, and you return via a scenic drive from the ninth day. After breakfast at the Thimpu Hotel, you will drive to Punakha. The route passes through Dochula Pass. Getting Punakha from Thimpu takes 3 hours of drive, covering a distance of 85km. Your overnight and dinner are at the Hotel of Punakha.

Destination:

Punakha

Accommodation

Hotel

Transportation:

Car

Duration:

3 hour

Food:

Breakfast, Lunch and Dinner

Day 10: Drive to Paro (2200m)

Day tenth marks the final day of the Bhutan Trekking excursion. After breakfast at Punakha's Hotel, you will drive towards Paro at (2200m). The distance from Punakha to Paro is 126km, taking 4 hours of scenic drive that showcases the diverse beauty of Bhutan. Your day's accommodation and dinner are at the Paro Hotel.

Destination:

Paro

Accommodation

Hotel

Transportation:

Car

Duration:

4 hour

Food:

Breakfast, Lunch and Dinner

Day 11: Departure

It's time to say goodbye to Bhutan. As per the time of your flight, we will drop you off at the airport. If you have more time, we suggest you visit our beautiful Nepal. If not, we must say goodbye. We hope to meet you again. Have a safe flight!

Transportation:

Car

Duration:

40 minute

Food:

Breakfast, Lunch and Dinner

Trip Includes

- Airport picks up and drops by car/van/bus.
- Three-night hotel in Paro with B/B plan.
- Paro city tours, including tour guide, car/van.
- Highly experienced, helpful, and friendly guide, including their food, accommodation, salary, insurance, and equipment.
- Entry Permit and Restricted Area Permit.
- All Bhutanese government taxes.
- All ground transportation.
- All meals and accommodations.

Trip Excludes

- Travel insurance.
- Donation
- All sightseeing entry fees.

Frequently Asked Questions

Where is Bhutan located ?

Bhutan is a sovereign and landlocked country in South Asia. Bordered by China to the north and India to the south, east, and west, it is in the eastern Himalayas. Known for its mountainous landscape, rich culture, and Buddhist heritage, its elevation ranges from 97m to 7570m.

What is the cost of Bhutan Trekking?

The cost of Bhutan trekking depends on factors such as the customization of the itinerary, any special request, and group size. Boundless Adventure offers a group discount for Bhutan trekking, yet we also minimize the cost, even for solo travelers. For details on the price of Bhutan trekking, please get in touch

with us via WhatsApp at +977 9851033819.

What is the difficulty level of Bhutan trekking?

Bhutan's difficulty level is adventurous. The trek involves hiking at a higher elevation, long days of hiking, and physical excursions. Thus, Bhutan trekking requires proper preparation, acclimatization, and a good level of physical fitness.

What is the altitude range in Bhutan trekking?

The altitude range for Bhutan trekking is from 3490m to 4000m. The trek begins from the Jele Donzo at 3490m, passes through numerous stunning areas of Bhutan, and reaches the highest point at Jangchulakha at 4000m.

When to trek in Bhutan?

From September to November, Autumn is the finest time to trek to Bhutan. The clear blue skies, pleasant weather, and crisp air in the Himalayas make Autumn ideal for trekking. Likewise, Spring is also perfect for the Bhutan trek due to its comfortable weather and moderate temperature.

Is Bhutan Tourist friendly?

Yes, Bhutan is tourist-friendly and one of the safest countries to travel to, with low crime rates and a peaceful environment. The country's careful tourism policy lets trekkers explore without fear. Moreover, its political stability, well-managed routes, wildlife safety measures, and environmental protection policies make it a tourist-friendly destination.

Is travel insurance necessary for trekking in Bhutan?

Yes, travel insurance is compulsory for trekking in Bhutan. It provides essential coverage for medical emergencies, travel interruptions, and loss or theft, making it necessary for trekking.

What kind of accommodation is available during the trek to Bhutan?

Due to the trekking system made by the government, trekkers must stay in a tented camp throughout the trek to Bhutan. The accommodation option allows trekkers to experience the real thrill of the adventure in the Himalayas.

Can I trek solo in Bhutan?

Yes, It is possible but one must join a licensed travel company and a guide to trek to Bhutan. Solo treks are allowed in Bhutan for trekkers' safety and the protection of the environment.

Is altitude sickness a concern during Bhutan's treks?

Yes, altitude-related issues are a concern during the Bhutan trek. The starting point is above 3000m, which is relatively high for the trek. Before starting the trek, trekkers must acclimatize adequately and take time to adapt to the changed temperature.

Is Bhutan Expensive to trek and travel?

Yes, Bhutan is among the most expensive countries in the world to trek and travel. The tourism policy focuses on “high value, low impact,” which means there is a minimum daily package rate that all tourists must pay. Visitors traveling to Butan must be ready with a strong wallet.

Is online booking available for the Bhutan Trekking?

Yes, Boundless Adventure provides an online booking facility for the trek to Bhutan. You can pre-book the trek online for a smooth trek. However, we also accept online bookings two weeks before the trek. If you have questions about the booking, please get in touch with us via WhatsApp at +977 9851033819 or email us now.

Essential Information

Best Seasons of Trekking in Bhutan

There are special offers for Bhutan trekking in every season, from March, April, May, June, July, October, and November for 2024 and 2025. We are always ready to provide details on the hiking costs, itinerary, guide, visa, permits, and flight tickets for 2024 and 2025. Contact an outbound tour agency in Nepal.

Bhutan has a rugged landscape, snowy peaks and glaciers in the north, super Himalayan peaks in the center, and is heavily forested. Bhutan has some of the best scenery, a rich Buddhist culture, and panoramic views of the mountain range, which makes it the best trekking place. Besides the multi-treks that can be done, there are attractive opportunities for day hikes around Thimphu, Paro, and many other renowned areas.

Trekking area in Bhutan

Punakha and Druk Path Trek are famous trekking areas in Bhutan. Similarly, Thimphu Tshechu, Tiger Nest, Paro Tshechu, Royal Highlander Festival At Laya, and Punakha Festival are famous tourist and trekking areas in Bhutan.

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