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9 days Everest Panorama Trekking Package

URL: <https://boundlessadventure.com/everest-panorama-trekking>

Duration

9 Days

Per Person Cost

USD 904

Difficulty

Easy

Best Seasons

Mar-Jun, Sep-Dec

Transportation

Flight

Max Altitude

3867m

Trip Type

Trekking

Meal

Breakfast, Lunch & Dinner

Accommodation

Hotel / Lodge

9 days Everest panorama trekking

- The Everest Panorama Trek is a short and scenic destination in the Everest region.
- It is the nearest and most excellent place to see the MT: Everest.
- The trip offers Himalayan views and includes the oldest monastery.
- The Namche Bazaar, Everest View Hotel, Khumjung, Tengboche, and Syangboche are the best viewpoints of the trip.
- It is an opportunity to explore the Sherpa culture and the museum of the expedition to Everest.
- Hiking or trekking to Everest Panorama in 2024 / 2025 with family.
- Fixed departure trekking from Kathmandu.

Trip Overview

9 days Everest Panorama Trekking package takes you to the most beautiful valleys and Sherpa highlands in Sagarmatha National Park. The highest altitude of the trekking is about 3800 meters above

sea level, which is most famous for the views of Mt. Everest and the Everest panoramic Himalayas Range. The trek to Panorama is enjoyable, even though it is a short trek from Lukla Airport.

The best season is March, April, May, August, September, October, and November, when the climate is mild. Similarly, check out the fixed departure trekking itinerary, cost, and information for you and your family in 2024 and 2025.

However, Everest Panorama is known as the **Everest family trekking. The trail leads to Mount Everest Base Camp and** is in Sagarmatha National Park, [Gokyo Lake](#), and Sherpa Village.

All Sherpas are very religious; they follow Tibetan Buddhism. Similarly, Namche, Khumjung village, and Tengboche are the best places to see the oldest monasteries, some of which were built over 350 years ago.

Many types of wildlife exist, including flora, fauna, and beautiful Himalayan chains. However, You will also experience the panoramic views of the great giant mountains, including **Mt. Everest, Lhotse, Thamserku, and Amadablam**. The Panorama trekking is an excellent introduction to the Sherpa community and its culture, with great mountain views and a trendy destination for every trekker in Nepal.

Every snow-covered mountain encloses the monastery in every direction, providing a stunning climax to the Trekking to Everest Panorama. Amadablam (6812 meters), Kang Tega (6782 meters), Thamserku (6623 meters), and Kongde Range surround the monastery and provide an ecstatic feeling to the place.

The trip offers the world's highest (**Everest at 8848.86 meters**) and fourth-highest (Lhotse at 8516 meters).

Boundless Adventure provides customizable Panorama Trekking to suit your needs. The trekking guide is experienced and knowledgeable and intimately understands the local culture, flora, fauna, and environment.

You will be kept in the best guest houses that offer healthy and delicious Food. Your needs and preferences will be addressed throughout the Hiking and touring on Everest Panorama. The trip to Panorama Trekking is an incredible and unforgettable experience.

Contact us for more information about the Everest Panorama Trekking cost, itinerary, Trekking map, permits, and hotel through email or WhatsApp at + 977 9851033819 now.

Best Time For Everest Panorama Trekking Package

Although you can undertake the Everest Panorama trek any time of the year, trekkers prefer certain months and seasons more than others. March, April, and May, which fall during Spring, are some of the finest times for Everest Panorama trekking. Likewise, September, October, and November, which fall during Autumn, are ideal for Everest Panorama trekking. Furthermore, Everest Panorama trekking is

widespread from June to summer or August during summer.

Spring comes after the harsh Winter, a favorable time for Everest Panorama Trekking. The blooming of rhododendrons during the Spring is a major attraction throughout the journey. Furthermore, trekking in Spring comes with good weather conditions, stunning scenery, and a more relaxed atmosphere.

Autumn is the season after the monsoon in Nepal. Due to its pleasant weather conditions, autumn is a favorable time for Everest panorama trekking. Stable weather conditions, clear skies, mild temperatures during the day, and cool nights make Autumn a perfect time to refresh in the Everest region.

Summer is becoming a favorable time for Everest Panorama trekking due to the effect of Global warming. Due to Global warming, rainfall only occurs occasionally. The lower part of Nepal faces rainfall during Autumn, but not the higher parts like the Everest region. The less crowded trails, lush green landscapes, and sunny days make the summer an ideal time for Everest Panorama trekking.

The winter season is also recommended for Everest panorama trekking from December to February, as the trek doesn't take you to a higher elevation. So, snowfall in the lower areas doesn't occur during Winter. If you love cold regions and a refreshing season, contact Boundless Adventure to manage Everest Panorama trekking during Winter.

Everest Panorama Trekking Packages Cost

The Everest Panorama trekking cost varies on different factors, such as the duration of the trip and the luxurious service you choose. Boundless Adventure covers your permits, accommodation, meals, transportation, and returnable trekking equipment on your trekking cost.

It will cost extra if you want luxurious service and extend your trekking duration. We also provide a guide and porter service but at an additional cost. We can customize your itinerary according to your preference, so for a flexible itinerary plan and the exact cost for Everest panorama trekking, contact us via WhatsApp at +977 9851033819.

Trip Itinerary

Everest Panorama Trekking is famous for Everest family trekking and Everest view trekking. Everyone can complete it quickly, even if they are trekking with family and children.

However, the trek starts from [Lukla Airport](#) in Khumbu and continues to Phakding overnight. We'll continue to [Namche Bazaar](#) the following day via **Jor shalle check post** and Dud Koshi River.

Three thousand eight hundred meters is the highest place for trekking; you can travel with your children and senior citizens. However, we can customize the Everest Panorama Trekking itinerary according to your holidays. You may have checked out the detailed itinerary for the Panorama trip below.

Day 01: Kathmandu Arrival (1380m)

Welcome to Nepal. A Boundless Adventure company representative receives you at the international airport and transfers you to the hotel.

He will give a short briefing about the programs for the following days. Overnight at the hotel in Kathmandu.

Note: *You can get a local SIM card and money exchange at the international airport.*



Tribhuvan International Airport, Kathmandu

Destination:

Kathmandu

Accommodation

Hotel

Transportation:

Car

Duration:

15 m

Day 02: Fly to Lukla and trek to Phakding (2652m)

Drive to the domestic airport early in the morning and fly to Lukla.

For the group, the other crew will join from here. The gentle trek begins on the trail that lies above the Dudhkoshi River.

On the way, the barley and buckwheat fields can be seen as marvelous to Phakding overnight at the lodge.



Lukla Airport of Everest Panorama trek

Destination:

Phakding

Accommodation

Hotel

Transportation:

Flight

Duration:

45m

Food:

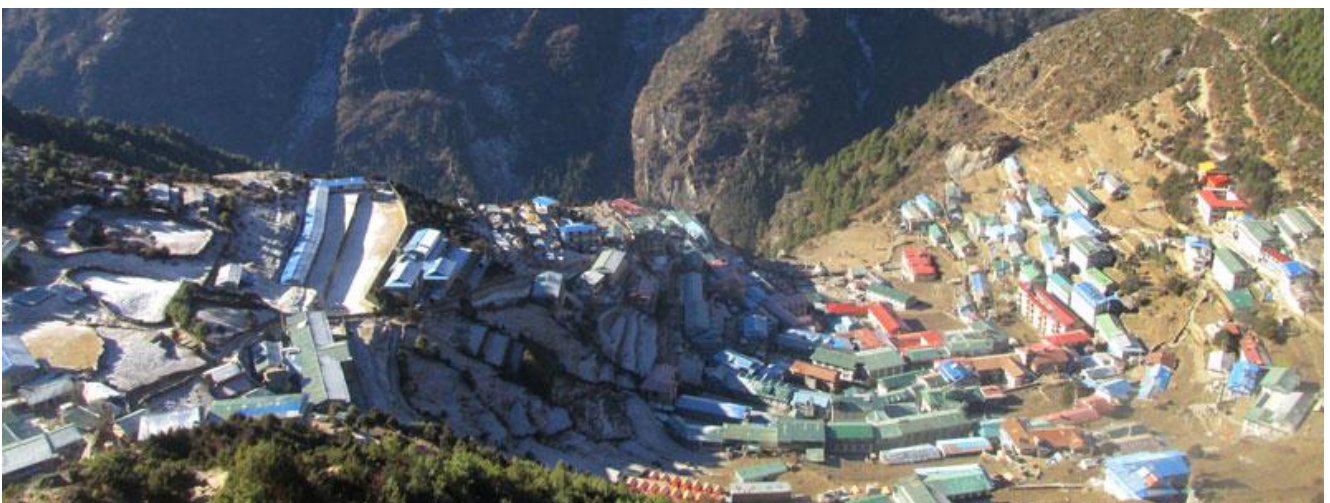
Breakfast, lunch, dinner

Day 03: Trek to Namche Bazaar (3440m).

From Phakding, the trail passes through Manju, and the steep uphill trail leads to Namche Bazaar, the Sherpa-populated highland.

This takes you through the entrance of Sagarmatha National Park.

Namche is a hugely populated town in Khumbu. Overnight at the lodge.



Namche Bazaar in Everest

Destination:

Namche

Accommodation

Hotel

Transportation:

Hiking

Duration:

5 hours

Food:

Breakfast, lunch, dinner

Day 04: Acclimatization to Everest view

Acclimation is an essential part of trekking at higher altitudes. The day begins after breakfast, scrambling around the Namche Bazaar, Khumjung, and Everest views.

It will be the first view of Mount Everest. The spectacular views of MT. Everest, Ama Dablam, Thamserku, and other unnamed peaks welcome you with pleasant smiles.

Return to the hotel



The View of Everest Himalayas

Destination:

Namche

Accommodation

Hotel

Transportation:

Hiking

Duration:

4 hours

Food:

Breakfast, lunch, dinner

Day 05: Trek to Tyangbouche (3860m).

The trail from Namche looks steep initially, but it becomes gentle as you reach the top of the ridge.

The impressive views of Ama Dablam, Lhotse Shar, Taboche, Kangtega, and Thamserku can be explored during the trek. Passing Kyangjuma and Phunki Tenga, Tyangboche is on the next step overnight at the lodge.



Thyangbouche Monastery

Destination:

Tyangbouche

Accommodation

Hotel

Transportation:

Hiking

Duration:

5 hours

Food:

Breakfast, lunch, dinner

Day 06: Trek to Namche Bazaar.

It's a gentle day to farewell Tyangboche, leaving this spiritual environment after breakfast.

It does not matter in the beginning. Quite late. With a gradual trek down from Tyangboche, pass Phunki Tenga, and ultimately to the Namche Bazaar, explore the outstanding landscape, flora, and fauna overnight at the lodge.



Namche Bazaar in Everest

Destination:

Namche

Accommodation

Hotel

Transportation:

Hiking

Duration:

4 hours

Food:

Breakfast, lunch, dinner

Day 07: Trek to Lukla 2860m

On the last day of the foothill journey in the mountains, trek down to Phakding via Manju. After crossing a few suspension bridges, head towards Lukla through the gentle trail and check into the hotel.

Lukla is 2860 m high. Overnight at the hotel or resort.



Lukla Airport

Destination:

Lukla

Accommodation

Hotel

Transportation:

Hiking

Duration:

6 hours

Food:

Breakfast, lunch, dinner

Day 08: Fly back to Kathmandu.

The flight takes off in the morning. You bid farewell to the inspiring white peaks that have made your trek outstanding.

From the airport, transfer to the hotel and take a rest. The time is for your purpose. You may buy souvenirs for your family and friends. Overnight at the hotel.



Hotel in Kathmandu, Nepal

Destination:

Kathmandu

Accommodation

Hotel

Transportation:

Flight

Duration:

45 m

Food:

Breakfast

Day 09: Departure

Our representative will drop you off at the international airport after breakfast on your departure.

Thank you for letting us serve you. Have a nice trip ahead.

The hotel check-out time is noon.



Nepal Departure Airport

Destination:

Kathmandu

Transportation:

Car

Duration:

15 minutes

Food:

Breakfast

Trip Includes

- The airport picks up and drops off a private car, van, or bus.
- Three meals a day (breakfast, lunch, and dinner) during the trekking.
- A cup of tea or coffee with every meal.
- Accommodations during the trekking.
- experienced and English-speaking Guide
- Food, accommodation, salary, equipment, and insurance for the guide and Porter.
- From Kathmandu to LuklaPlane tickets.
- Lukla to Kathmandu plane tickets.
- Sagarmatha National Park permits, and TIMS permits.
- Khumbu pasang lhamu rural municipality Permits.
- Surface ground transfer from the hotel to the airport and back to your hotel at the end of the trip.
- Airport taxes in Kathmandu and Lukla.
- Per person, one trekking map
- Duffel Bag.
- Purified Drinking water tab/ drop.

Trip Excludes

- Hotel in Kathmandu.
- Hot and Cold drinks.
- Soft and hard drinks.
- Hot shower
- Porter
- Donations and tips.

Frequently Asked Questions

Where is the Everest Panorama trek Located?

As the name suggests, the Everest Panorama Trek is located in the Everest region of Nepal. The trek is in Solukhumbu district and surpasses Sagarmatha National Park. It is a short trek that takes around the Khumbu region and doesn't involve high-altitude trekking, including at EBC. The trek is a popular choice for trekkers seeking a shorter trek in the Everest region.

What is the cost of the Everest Panorama Trek?

The cost of the Everest Panorama trek ranges from US\$ 900 to US\$1180, depending on the size of the group. Furthermore, the cost varies depending on factors including the duration of the trek, the service included, and any luxurious service you prefer. In general, your cost involves your accommodation, permits, guide, flight ticket from Kathmandu to Lukla and Lukla to Kathmandu, and some returnable gear and equipment.

How difficult is the Everest Panorama Trek?

The trek to Everest Panorama doesn't involve any adventurous climbs and doesn't reach a very high elevation. Due to this, the trek is easy, and anyone with a general level of fitness can complete it smoothly. Still, the risk of altitude-related sickness is a concern for first-time trekkers, as the highest elevation you'll reach is 3867 m, and the risk of AMS starts as you get above 2500m. So trekkers must be well prepared and acclimatize properly throughout the trek.

Where can we start Panorama Trek?

Every trekking destination, including the Panorama Trek in the Everest region, begins in [Lukla](#). You'll have a flight from the domestic airport of Kathmandu to the Lukla airport in Solukhumbu district. After landing at Lukla, you'll start trekking for your Everest Panorama trek. The trail moves towards Phakding, Namche Bazaar, and Tengboche from Lukla.

What is the highest place on the trek?

The highest place you'll get on the Everest Panorama trek is Tengboche, lying at an elevation of 3860 m (12660 ft) above sea level. You can see the stunning view of the mountains from Tengboche, including

Mount Everest. Also, Tengboche is the home of a famous monastery in the Khumbu region, Tengboche monastery. Trekkers get a unique opportunity to explore around the monastery.

Do we need to fly to Lukla Airport?

Yes, to start the Everest Panorama trek, trekkers must fly from Kathmandu to Lukla. The trek is possible only after getting to Lukla Airport. The flight to Lukla is the most common, easy, and fast way to access the Everest region, as there are no roads available that connect Kathmandu to Lukla. The flight to Lukla takes 45 minutes from Kathmandu, providing an aerial view of Nepal's beautiful and distinct landscape.

What is the cost of a flight to Lukla?

Generally, the cost of a flight to Lukla ranges from 290 USD to 310 USD on a one-way basis, depending on your nationality (other than Indian). However, Boundless Adventure manages your two-way ticket for the Lukla flight, and the cost is included in your trekking package and doesn't charge you extra.

How can we book the Panorama Trek of Everest?

Booking the Panorama Trek of Everest is easy, as you can contact us without any hesitation, either through email, phone, WhatsApp, or our website. We'll provide you with all the necessary information about the trek, including itinerary, cost, inclusion, and exclusion. Once you're okay with our package, we'll make your online booking. But at the time of online booking, you need to pay 50% of your total amount.

Is it the easiest way to see Mount Everest?

Yes, Everest Panorama trekking is one of the most convenient and easiest ways to see Mount Everest without involving hiking through high-altitude terrain. We designed the trekking package for Everest Panorama for those seeking to experience trekking in the Everest region and want to see Mount Everest but with less physical demand. The trek involved passing through ancient settlements, diverse landscapes, cultural immersion, and spectacular views of mountains just a short walk away.

How many days does the Everest Panorama trek take?

The Everest Panorama Trek is generally completed within a week. However, the duration depends on factors including trekking pace, acclimatization schedule, and chosen itinerary. We have an itinerary with 7 days of trekking, including acclimatization day. Also, we can customize the itinerary as per our client's preference.

What is the Everest view trek?

The Everest View Trek is the same as the Everest Panorama Trek, which is a short route in the Everest region. The trek is suitable for those with limited time. It is also perfect for trekkers who can't trek to higher elevations but want to see Mount Everest. The trek begins with a flight to Lukla and passes through Sherpa villages, dense forests, and beautiful landscapes with stunning views of mountains including Everest, Lhotse, Nuptse, Ama Dablam, and others.

Where is Everest View Trek located?

The Everest View Trek is located in the Khumbu region and near the border of Tibet. The trek passes through Sagarmatha National Park and lies within Pasang Lhamu village's development committee. One of the highlights of the trek is the Everest View Hotel at 3860 m, which offers stunning snow-capped peaks.

What is the difference between the Everest Panorama trek and the Everest View trek?

The Everest Panorama Trek and the Everest View Trek are both the same. The Everest Panorama Trek is also spelled Everest View Trek. The tour package takes you through the same route and reaches the same point on the trek. The trek involves reaching the same high altitudes, providing the same view, and taking you through the same Sherpa settlements and landscape.

Can you see Mount Everest from Panorama Trek?

Yes, the close view of Mount Everest is visible on the Panorama Trek. The Everest Panorama Trek is popular because it provides a view of Mount Everest without much physical demand. You can see Mt. Everest from Namche, Syangboche, and Tengboche on the Panorama Trek.

Can we go Panorama trek with family?

Of course, Panorama Trek is indeed a family-friendly trekking package. As the trek doesn't get on a higher elevation than other trekking destinations, including EBC, family members with a general fitness level and okay with moderate trekking can go together on the trek. Yet, choosing an itinerary plan with an acclimatization schedule and a trusted trekking agency that ensures your and your family's safety is necessary.

Essential Information

Difficulty of Everest Panorama Trekking

Trekking Everest Panorama is easy, accessible, and suitable for all age groups. The highest point on the Everest Panorama Trek is at 3867 m (12687 ft) at the Everest View Hotel. The trek doesn't involve walking at extremely high altitudes, so trekkers are less likely to experience issues related to altitude sickness.

Although the trek is easy and suitable for trekkers with a general level of physical fitness, trekkers should pay attention to their bodies while trekking. At the time of ascension and descent, you must pay attention to your ankle, as it may get injured. If you have altitude-related problems, immediately tell your guide and do as suggested.

The Everest Panorama Trek is a family-friendly route, and Boundless Adventure heartily welcomes trekkers and their families with a group discount.

Acclimatization Days During Everest Panorama Trekking

Although trekkers won't reach higher elevations, acclimatization is necessary for Everest Panorama trekking. The risk of altitude-related sickness is a concern as you get above 2500m, so we have made an itinerary for Everest Panorama trekking involving an acclimatization day.

On the third day of Everest Panorama trekking, you have an acclimatization day. The day is not just for resting; on this day, you'll explore the areas of Everest View along with majestic mountain peaks. So, the acclimatization day is more than just an adaptation to the changed temperature; it is also a unique chance to enjoy the beauty of the Everest region. Additionally, the acclimatization day allows you to interact more effectively with the area's locals.

Why Should You Choose Everest Panorama Over Base Camp?

Although Everest Base Camp is a world-renowned trekking route and most adventure seekers dream of trekking EBC at once, some trekkers choose Everest Panorama trekking. Some of the reasons for choosing Everest Panorama over Everest Base Camp include:

Shorter Duration:

In comparison to the trek to Everest Base Camp, the Everest panorama is shorter, as you can finish the trek within a week. So, Everest Panorama trekking is ideal for trekkers who want to experience the Everest region's beauty while trekking in a short time.

Less challenges:

The Everest Panorama Trek is a moderate-level trekking route involving less physical demand. The trek doesn't reach higher elevations like at Everest Base Camp. So, the trek to Everest Panorama suits trekkers who prefer less challenging treks and those concerned about altitude-related issues.

Stunning Views:

Although trekkers don't reach the top of Everest Base Camp, they will reach one of the finest viewpoints, the Everest View Hotel, in Everest Panorama trekking. Also, trekkers can see views of the different Himalayan peaks from Namche Bazaar, Tengboche, and Syangboche. Trekkers prefer Everest Panorama trekking over EBC because they can get stunning views even without trekking at a high altitude.

Lower Cost:

The Everest Panorama Trek costs less than the Everest Base Camp due to its shorter duration. A shorter

duration means lower logistical expenses, making it more budget-friendly and suitable for tight-budget travelers.

Family-friendly:

As the trek to Everest Panorama doesn't involve trekking at high elevations and altitude-related concerns are less prevalent, each family member can do this together. Most families seek family trekking, but only some destinations suit each member's physical condition. However, the Everest Panorama is appropriate for small children and older adults. For family trekking, many trekkers choose Everest Panorama over Everest Base Camp trekking.

Things to do in Everest Panorama Trekking: -9 days

- Acclimatizing day at the Namche and Everest View Hotel
 - Morning flight from Kathmandu to [Lukla Airport](#) by plane
 - Hiking through the local Sherpa village and Sagarmatha National Park
 - Explore the Sagarmatha National Park Museum and Sherpa Museum at [Namche Bazaar](#).
 - Explore the Khumjung Monastery and Sir. Hilary builds schools.
 - See the skull of the Yeti.
 - 9-day trekking route
 - The easygoing trail from Lukla to Jorshalle
 - The path following the Dudh Koshi River
 - It takes 5 hours, including one hour of lunch at Jorshalle
 - [Sagarmatha National Park](#) checks post
 - One hour of climbing up to Namche Bazaar
 - Crossing suspension's bridge several times
-

Foods During the Everest Panorama Trek

The Panorama Trek is up to 3,800 meters above sea level. People take rice, corn, and oil from Kathmandu by plane, but every person can produce potatoes on their field. You can get such types of food and another handoff course in Chinese, Continental, and Italian; [click here](#).

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