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Helambu Trekking

URL: <https://boundlessadventure.com/helambu-trekking>

Duration

10 Days

Difficulty

Easy

Best Seasons

Mar-June, Sep-Dec

Transportation

Jeep

Max Altitude

3690m

Trip Type

Trekking

Meal

Breakfast, Lunch & Dinner

Accommodation

Guest House

Helambu Trekking Highlight

- Helambu Trekking is combined with the Langtang Trekking trail.
- Helambu Trekking trail has Helmu Tamang culture.
- Trek in Helambu refreshes you with the diverse landscape and natural heritage.
- The trail heads through oak, pine, and bamboo forests.
- From Chisapani, Sermathang, and Tharepati, you can see the stunning views of Sishapangma, Langtang, and the Tibet Himalayan ranges.

Trip Overview

Helambu trekking is best for small family groups at Langtang National Park. March, April, October, and November are the best trekking seasons on the Helambu trek.

We are accepting groups to join Helambu hiking and trekking every year between 2024 and 2025. But you need information earlier to solo or with a group for 2025 and 2026.

Moreover, Helambu Trekking is near the Kathmandu Valley, which is laden with Buddhist culture,

picturesque landscapes, and flora and fauna.

The Helambu trekking area is in Nepal's subtropical land. The trek begins from Sundarimal (Shivapuri National Park) and ends at Dhunche. Langtang National Park. It is combined with Langtang Valley, but you can also trek clockwise.

During Trekking, you can see waterfalls, subtropical forests, and terraced landscapes. The Chisapani village is terrific, with a panoramic Himalayan range.

On trekking in Helambu, you can explore the Hyolmo Sherpa village and its rich cultural traditions. The monastery, Chhortens, and Mani Walls direct your perception to the mystical norms and habits.

Tibetan Buddhism influences the local culture and rituals. The fantastic Viewing of the [Langtang range](#), Gaurishankar, [Manaslu range](#), Dorje Lhakpa, and Ganesh Himal range.

The Helambu trekking valley is located in Langtang National Park. It offers a glimpse of the diverse geographical variations.

The itinerary is for a week but be customized and made longer. Helambu Trekking is also for the family group that loves to trek in lower altitudes and explore natural and cultural scenarios.

For more information about the trekking, Map, itinerary, cost, price, guide, and information, Please, feel up a quick inquiry us on WhatsApp at +977-9851033819

Helambu Trekking Tailor-Made Trip

The Helambu Trekking is a moderate trip that begins with a northwest drive from Kathmandu. We have fixed departures for Such trekking areas according to the best trekking seasons.

Despite that, we will also organize trekking on a date that is suitable for you. When you inform us about the customized date and itinerary, we arrange the best tailor-made trip for you through [Shivapuri Wildlife Resort](#).

Cost of Helambu Trek

Boundless Adventure operates best, and Chip offers a price guarantee for trekking. We usually operate from Kathmandu and end up in Kathmandu. You can contact us by WhatsApp at +977 9851033819 or by Email now.

Trip Itinerary

Day 01: Arrive at Tribhuban International Airport (TIA) (1345meters).

Transportation:

None

Day 02: Full day World heritage site sightseeing, (Option).

Transportation:

None

Day 03: Drive to Sundarikal, trek to Chisapani (2300m).

Transportation:

None

Day 04: Trek to Kutumsang (2446m).

Transportation:

None

Day 05: Trek to Thadepati (3650m).

Transportation:

None

Day 06: Trek to Tarkeghyang (2560m).

Transportation:

None

Day 07: Trek to Sermathang (2610m).

Transportation:

None

Day 08: Trek to Melamchi Pul Bazaar, drive to Kathmandu.

Transportation:

None

Day 09: Shopping day around Kathmandu.

Transportation:

None

Day 10: Transfer to International airport.

Transportation:

None

Trip Includes

- International airport picks up and drops by private car/van/bus.
- Full board package trip with meals three times a day (Breakfast, Lunch, and Dinner)
- Accommodations during the trekking.
- Experienced, English-speaking Guide, Two people (Required, number of Porters to carry your backpack during the trek.)
- For all trekking staff, food, accommodation, salary, insurance, equipment, and insurance.
- Langtang National Park permits and TIMS permits.
- Surface ground transfer from and to Kathmandu.
- Nepal Government taxes.
- Per person, one trekking map for the trip.

Trip Excludes

- Hot and soft drinks.
- Temple and monastery entrance fee and donation.
- The rest of the expenses are not mentioned in Price Includes.

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