



Email: info@boundlessadventure.com
Whatsapp Number: [+9779851033819](https://wa.me/9779851033819)
Telephone Number: [+977 1 4701884](tel:+97714701884)
Telephone Number: [+977 1 4701885](tel:+97714701885)

Jomsom Muktinath Trekking

URL: <https://boundlessadventure.com/jomsom-muktinath-trekking>

Duration

12 Days

Per Person Cost

USD 903

Difficulty

Easy

Best Seasons

Mar-Jun, Sep-Dec

Transportation

Flight

Max Altitude

3800m

Trip Type

Trekking

Meal

Breakfast, Lunch, Dinner

Accommodation

Hotel

Jomsom Muktinath Trekking Highlights

- 13-day Jomsom Muktinath Trekking is a holy pilgrimage trip in Nepal.
- We are providing the best cost for Jomsom Muktinath Trekking.
- Jomsom Muktinath is the Gateway to Upper Mustang Trekking
- The people of Jomsom emigrated from Tibet 500 years ago.
- Hindu temples and Buddhist monasteries are together.
- People believed in spirits or ghosts.
- People believed in the miracle of lighting a fire upon the water.
- Here are marvelous views of the mountains.

Trip Overview

Jomsom Muktinath Trekking starts from Kathmandu and Pokhara. It is also known as Jomson Trekking and is famous under **Dzong Sampa**.

Located at 2700 meters, it is one of the most beautiful trekking packages in the [Annapurna](#) and Lower Mustang regions.

Exotic landscapes, stunning Himalayas, and beautiful surroundings are fantastic from any part of the country, making Jomsom Muktinath Trekking a unique experience.

You will walk through rhododendron forests and beautiful meadows and see stunning panorama views during the trek.

Similarly, if you are interested in trekking in Jomsom Muktinath, let us know, and we'll provide you with the best itinerary, information, and cost details for 2024 and 2025.

Jomsom Muktinath Trekking is an easy, Thakali-cultured trail in the Annapurna conservation area. Joining another group is unnecessary if you are a solo female.

We provide you with a local guide for your comfort. We annually offer Jomsom Muktinath holy trekking service by [Jeep](#), Plane, and [Helicopter](#) from Kathmandu, Nepal.

The Jomsom Muktinath Trekking has gained esteem, comprising the deepest gorge and holy pilgrimage trekking. The bank of the Kali Gandaki River is the trekking route, an awe-inspiring trail.

It is a moderate trek that leads to an altitude of 3800 meters above sea level. The primary Jomsom Muktinath Trekking season starts in March, April, May, September, October, November, and December.

Muktinath Temple is one of the most trekking temples and is visited by thousands of devotees annually. It is of excellent value to Hindus as well as Buddhists.

It offers a spectacular view of Mt. Nilgiri, Mt. Annapurna South, Mt. Annapurna II, Annapurna III, and Mt. Hiunchuli, Machhapuchhare, Tukucho Peak, and Lamjung Himal. Furthermore, the trekking route gives the perfect insight into the rural life of Nepalese people.

Being one of Nepal's most famous trekking destinations, including the highest pass ([Through-La pass](#))

Jomsom Muktinath Trekking is a perfect option for those who want to experience a range of different surroundings, local cultures, and abundant natural beauty with breathtaking views.

Jomsom Muktinath Trekking is the trade center and the headquarters of the Lower Mustang district. The area is famous for its apple orchards, agriculture, and Thakali culture.

Heading through the Kali Gandaki River gorge is an excellent and unique experience of the Himalayan Shangri-la valley of Nepal. The area of Jomsom and Muktinath is a barren and rocky landscape. The heady peaks of the Annapurna, Nilgiri, Manaslu, and Dhaulagiri ranges refill the excitement during trekking.

The Muktinath region lies in a rain-shadow area, with Hindu and Buddhist monasteries and Miracle natural lamps on the Water. These attractions are the key attractions of the holy Muktinath temple.

The alternative trek itinerary of Jomsom Muktinath Trekking is making a short flight from Pokhara to Jomsom and beginning the trip and trek to the sacred place- [Muktinath temple](#) is liberating the town's soul with natural marvel and ethnic hospitality.

Also, the Jomsom Muktinath Trekking begins from Nayapul and treks through the Ghorepani Poon Hill trekking route. If you are interested, let us know about plane tickets from Pokhara to Jomsom, Jomsom

Muktinath Trekking cost, itinerary, guide, permit, and price details for 2024 and 2025.

Contact us by email for more detailed information now. You can join us by WhatsApp at +977 9851033819.

Tailor-Made Trip and Departure

Jomsom Muktinath Trekking is a moderate trip that begins on the west drive from Kathmandu. This trip has a fixed departure date according to the best trekking seasons.

Despite that, we will also organize the trekking on a date that is suitable for you. When you inform us about the customized date and itinerary, we manage the best tailor-made trip for you.

Physical Condition

Being a moderate trek, 5/6 walking hours during the trek is sufficient. You do need previous trekking experience. Having reasonable physical fitness is suitable for the trek.

You should follow your medical conditions and health consultants' advice. Muktinath Temple and the miracle natural-burning lamp are famous in Jomsom Muktinath Trekking.

Trip Itinerary

Boundless Adventure (p) Ltd provides a 12-day itinerary for Jomsom Muktinath Trekking from the international airport to the international airport at the end of the trek.

You have a few different options to go to Muktinath trekking from Kathmandu, either by flight or jeep. But we might make a shorter itinerary and change the alternative itinerary to match your holidays in Nepal.

On the other hand, we can also go directly to Pokhara without staying in Kathmandu on the first night.

However, the trekking trail is accessible in the Annapurna area. The best trekking seasons are March-June and September-December.

Similarly, the highest point on the trekking trail is Muktinath, 3,800 meters above sea level. Accommodation, Breakfast, Lunch, and Dinner are included during the trek. Please look at the following itinerary and let us know more information about Jomsom Muktinath trekking.

Day 01: Pick up from International Airport, Overnight

Boundless Adventure picks you up from the International airport and drives you to the Hotel (option).

The airport is 1345 meters above Sea level. If you have booked a hotel, please let us know the name of the hotel.

We'll also book the hotel. We'll pick you up by car, van, or bus, depending on the group size.

ATMs, money exchange, Taxi services, and local SIM card services are also available at the international airport. Please follow your name card and such board at the exciting get of an international airport.



Arrival board of Boundless Adventure Nepal

Destination:

Kathmandu

Accommodation

Hotel

Transportation:

Car

Duration:

15 m

Day 02: Fly to Pokhara, Overnight

Have a warm breakfast at your Hotel in Kathmandu and drive to the domestic airport by car, van, or bus one hour before your flight to Pokhara.

Usually, the remote starts from 7:00 AM to 4:00 PM from Kathmandu to Pokhara.

It is a 20-minute flight with a beautiful Himalayan range and landscape. Similarly, another vehicle will be at the Pokhara airport to drive to the Hotel in Pokhara.

You will have a free day in Pokhara overnight at the Hotel after Check-in.

Note: You can get non-star to five-star hotels in Pokhara within your budget. We are more than happy to get your advice.



The View from Pokhara Annapurna

Destination:

Pokhara

Accommodation

Hotel

Transportation:

Flight

Duration:

20 m

Food:

Breakfast

Day 03: Drive to Banthanti and Trek to Ghorepani, Overnight

After breakfast at Pokhara Hotel, pack your backpack and drive to Banthanti by Jeep through Naudanda village.

This is the best viewpoint of the Annapurna Himalayan range. You can see the scenic Himalayas along the way. Similarly, it will take 3 hours to get to Banthanti by Jeep and continue the trek to Ghorepani.

The Trekking trail leads you through the Oak and Rhododendron forest to Ghorepani after breakfast.



Welcome, get of Ghorepani Trek.

Destination:

Ulleri

Accommodation

Hotel

Transportation:

Jeep

Duration:

3 Hour

Food:

Breakfast, Lunch, Dinner

Day 04: Trek to Tatopani, Overnight

Wake up early morning (before sunrise) and hike to Poon Hill with your headlamp. It takes about 45 minutes to get the best viewpoint of the trip.

Enjoy Poon Hill with a beautiful sunrise over the Himalayas and descent to the Hotel, and have a warm breakfast nearby the wooden heated dining hall.

Similarly, Continue descent to Tatopani(Natural Hot Spring.) It is 1190 meters from Sea level but 1585 meters below Ghorepani.

The trekking trail leads you through the Ghara and Shikha villages. However, Tatopani is near the Kaligandaki River.

You may go to take a bath in the natural hot spring. It is 52 degrees Celsius hot.



Tatopani \ Hot spring pool.

Destination:

Tatopani

Accommodation

Hotel

Transportation:

Hiking

Duration:

7 hours

Food:

Breakfast, Lunch, Dinner

Day 05: Trek to Ghasa, Overnight

It usually takes 6 hours to get to Ghasa from Tatopani. Thakali people are used to living in Ghasa. Their central majority are Thakali people and neighbors.

Similarly, the altitude of Ghasa is 2000 meters from Sea level. We have to follow the gravel road from Tatopani to get into Ghasa.

The trail through the deepest valley is beautiful. Along the way, you may enjoy views of Mt. Nilgiri and the waterfall.

Overnight at the Ghasa guest house.



Rupshe Chahara waterfalls.

Destination:

Ghasa

Accommodation

Hotel

Transportation:

Hiking

Duration:

5 hours

Food:

Breakfast, Lunch, Dinner

Day 06: Trek to Larjung, Overnight

The trip starts after breakfast at the Ghasa. It takes 6 hours, including a short break and lunch during the trekking trail. However, it is also the beautiful pine valley and Dhaulagiri Himalayan range. You will have lunch at the Kalopani village. It is a beautiful settlement for the local people.

The Larjung village is near the Kaligandaki River. They have a beautiful apple garden in front of the Hotel. The following day, you can have breakfast in the Garden and watch the valley and the Himalayas. Overnight at the guest house.



Kalopani Larjung Village Image

Destination:

Larjung

Accommodation

Hotel

Transportation:

Hiking

Duration:

5 hours

Food:

Breakfast, Lunch, Dinner

Day 07: Trek to Jomsom, Overnight

Continue trek to Jomsom Valley via Marpha village. The trail leads you through the bank of the Kali Gandaki, but still a gravel road with scenic views of the Himalayas. Jomsom is (2713m) altitude from sea level.

Jomsom is a lovely area. There is also a small domestic airport. You may fly into Jomsom from Pokhara. If the weather is not solid or windy, you can scramble with the local village during the day.



Marpha village by Jomsom

Destination:

Jomsom

Accommodation

Hotel

Transportation:

Hiking

Duration:

6 hours

Food:

Breakfast, Lunch, Dinner

Day 08: Trek to Muktinath, Overnight

Start the trek after breakfast. It takes 6 hours to get into the Ranipauwa, Muktinath. We still have to follow the Kaligandaki River until Yakle Bhatte, about 20 km from Jomsom to Marpha. We have to hike about one thousand meters higher than JOMSOM.

The trekking trail is splatted two different ways, one path leads you to the Upper Mustang, and Muktinath is the other. Similarly, it is a beautiful part of trekking. Get to the Muktinath in the evening, overnight, at the Guest House.



Muktinath Village

Destination:

Muktinath

Accommodation

Hotel

Transportation:

Hiking

Duration:

5 Hours

Food:

Breakfast, Lunch, Dinner

Day 09: Trek to Jomsom, Overnight

Muktinath is very popular for Hindus and Buddhist pilgrimage.

Wake up early and hike to Muktinath temple(Bishu temple) from the Hotel without a backpack. Explore the Temple, the natural burning lamp on the stream, and then return to the Hotel.

Have breakfast at the Hotel and trek back to Jomsom, or you may get a jeep to return to Jomsom. Overnight at the Hotel in Jomsom.

Note: In a strong windy valley, we must be careful during the day. We should wear windproof jackets and sunglasses.



Jomsom airport Image

Destination:

Jomsom

Accommodation

Hotel

Transportation:

Hiking

Duration:

3 hours

Food:

Breakfast, Lunch, Dinner

Day 10: Fly to Pokhara and sightseeing, Overnight

It's just a 10-minute walk to the airport in the early morning. You can fly to Pokhara from Jomsom. It takes 20 minutes to get into Pokhara.

Your flight will be between two different mountains and valleys. You can see Mount Dhaulagiri, Mt. Nilgiri, Tukucho peaks, Annapurna I, II, III, and Holy Mt. Fishtail while you are flying into Pokhara from Jomsom.

Our vehicle will be at the Pokhara airport. He will drive you to the Hotel, where you will Check in and have refreshments. You will then be driven sightseeing at the Bindabasini Temple and David's Falls and have lunch nearby at Phewa Lake. After lunch, you can go boating for one hour, and you will be free during the day. Overnight at the Hotel in Pokhara.

Note: If you would like to go paragliding, it is also possible (option). You may also fly or drive to Kathmandu on the same day.



David's falls in Pokhara

Destination:

Pokhara

Accommodation

Hotel

Transportation:

Flight

Duration:

20 minutes

Food:

Breakfast, Lunch, Dinner

Day 11: Drive back to Kathmandu, Overnight

You may explore the views of Annapurna and Dhaulagiri from the roof of your Hotel in Pokhara and get ready to drive to Kathmandu after breakfast in the hotel.

Similarly, it takes 4/5 hours on the road to go by car/van. You will have lunch along the way to Kathmandu and overnight in the Kathmandu hotel.

You will be accessible when you arrive in Kathmandu.



Bed Room in Hotel in Kathmandu

Destination:

Kathmandu

Accommodation

Hotel

Transportation:

Car

Duration:

4 hours

Food:

Breakfast and Lunch

Day 12: Departure

Have breakfast in the hotel in Kathmandu. Our representative will drop you at the international airport by car or van.

If your flight is in the evening, please talk with the Hotel about the Check-out time.



Departure to the airport

Destination:

Kathmandu

Transportation:

Car

Duration:

15 minutes

Food:

Breakfast

Trip Includes

- International and domestic airport pick up and drop by car/van/bus.
- Complete the board package trip with three times meals a day (Breakfast, Lunch, and Dinner)
- Accommodations are in the city and during the trekking.
- Highly experienced, helpful, and friendly guides, their food, accommodation, salary, insurance, and equipment.
- Annapurna Conservation Entry Permit.
- TIMS Permits.
- Government taxes
- All ground transportation.
- Per person, one trekking map
- Two nights Hotel in Pokhara
- From Jomsom to Pokhara plane tickets.
- Down Jackets (Returnable)
- Sleeping Bag (Returnable)

Trip Excludes

- Hard and soft drink
- Tips and Donations.
- Your international flight tickets.
- Personal shopping

Frequently Asked Questions

What is the Jomsom Muktinath Trek?

Jomsom Muktinath is a popular trekking destination in the Annapurna region that takes trekkers through the Kali Gandaki River valley. The trek to Jomsom Muktinath passes through numerous settlements offering views of the Annapurna and Dhaulagiri ranges. Moreover, the trek is a part of the Annapurna

Circuit.

How to reach Muktinath from Kathmandu?

Travelers have two popular options to reach Muktinath from Kathmandu:

You may go to Pokhara by bus or plane or from Kathmandu. Pokhara to Jomsom by plane or Jeep and from Jomsom to Muktinath trek or by Jeep.

How is the road from Jomsom to Muktinath?

The road from Jomsom to Muktinath combines gravel and blacktop with scenic beauty. From Jomsom to Kagbeni and onward to Kagbeni, the road is gravel; from there, it is a blacktop. The Himalayan ranges, including the Dhaulagiri and Nilgiri peaks, are eye-appealing during the drive.

Do I need a permit for the Jomsom Muktinath trek?

Yes, permits are obligatory for the trek to Jomsom-Muktinath. Annapurna Conservation Area permit (ACAP) and Trekkers Information Management System (TIMS) card are the necessary permits for the Jomsom-Muktinath trek. As the trek is within the Annapurna region, ACAP is mandatory. Likewise, TIMS is essential because every trekking destination requires that permit.

Which is the best month to visit Muktinath?

As visiting Muktinath is possible throughout the year, selecting the ideal time depends on personal preference and what visitors are willing to experience. However, Spring, Autumn, and Summer are best for visiting Muktinath due to pleasant weather. Also, if travelers want to experience the cultural beauty of Muktinath, September is ideal for a visit, as Janai Purnima falls during the month.

Is Jomsom Muktinath Upper or lower Mustang?

Jomsom-Muktinath is a Lower Mustang in a Mustang District in the Dhaulagiri Zone. The region lies in northern Nepal, which differs from Upper Mustang. From Kagbeni village, the Upper Mustang and Lower Mustang diverge.

Jomsom Muktinath Trek is Combined Trek?

Of course, combining the Jomsom Muktinath trek with other treks in the Annapurna region is possible. Boundless Adventure provides a customization option for clients to plan a trip according to their preferences. Thus, trekkers can extend their trek to Jomsom-Muktinath with other famous trekking in the Annapurna region, including the Annapurna Circuit, Ghorepani Poon Hill Trek, and Upper Mustang Trek.

How long is the Jomsom Muktinath Trek?

The duration of the Jomsom Muktinath trek varies on the specific itinerary chosen. Yet, Boundless Adventure provides 12 days itinerary. We have made the itinerary carefully to give a thrill to trekkers, including numerous popular areas of the Annapurna region to trek.

Which is the best season for the Jomsom Muktinath trek?

Spring and Autumn are the two best seasons for the Jomsom-Muktinath trek. The perfect weather with mild temperatures makes the trek ideal during these Seasons. Likewise, the sunny temperatures and long day hours due to Summer make it best for the Jomsom-Muktinath trek.

What is the difficulty level of the Jomsom Muktinath trek?

The Jomsom-Muktinath trek is relatively easy in terms of difficulty level. The trek involves trekking through lower sections of the Annapurna region, where the difficulties are low. The highest elevation of the trek is 3800m, which is a little low. However, altitude-related issues can be a concern during the trek, so we suggest acclimatizing correctly.

Essential Information

Accommodation in Jomsom Muktinath Trekking

In Kathmandu, you can find standard to five-star hotels/accommodations. However, clean lodges with basic accommodations, also known as tea houses, are available during the trek to Jomsom Muktinath Trekking.

We arrange the lodge with basic facilities along the trekking area. We cannot provide luxury accommodations at a higher altitude, but our team will organize you the best among them.

Meals

The Breakfast in the City includes lunch, dinner, and breakfast; in other full-board packages, Lunch, Dinner, and Breakfast are included. However, according to the Menu, you may choose several different types of meals. You May have Continental, Chinese, Mexican, Indian, and Nepali Dal Bhat (a typical Nepali meal), but we suggested having oily and vegetarian food during the Jomsom Muktinath trekking.

Drinking Water

You usually get mineral water and boiled water to drink in every tea house. There were also drinking water supply stations along the way and in Muktinath (Ranipauwa). Another alternative is drinking plenty of Drinking Water along the way.

It helps at high altitudes. Some people bring electric filters to kill the bacteria, but having a drinking water bottle would be best.

The best Trekking season

The best seasons for Jomsom Muktinath Trekking are Spring (March to June) and Autumn (September to December). The moderate temperatures guarantee impressive views throughout the trip.

Jomsom Trip Important

The Boundless Adventure team will make the best arrangements for the Jomsom Muktinath Trekking. However, some issues can be beyond our control. Heavy rainfall and landslides can extend the trip, but there is little probability of this.

TIMS and Permit

TIMS (Trekker's Information Management System) and Permits are necessary for legal trekking in [Annapurna conservation](#). They can be obtained once you provide a copy of your passport and a photo of the trekking.

Additional Information

Boundless Adventure can assist you with trip service and provide authentic information about Jomsom Muktinath Trekking. We suggest you hike up slowly and hike down as well.

If you need further information, please do not hesitate to email or call us on mobile or WhatsApp at +977 9851033819.

Address

Paknajol Marga, Thamel
P.O.Box: 11670, Kathmandu, Nepal

Email: info@boundlessadventure.com

Whatsapp Number: [+9779851033819](tel:+9779851033819)

Telephone Number: [+977 1 4701884](tel:+97714701884)

Telephone Number: [+977 1 4701885](tel:+97714701885)