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9 days Mardi Himal Trekking

URL: <https://boundlessadventure.com/mardi-himal-trekking>

Duration

9 Days

Per Person Cost

USD 20

Difficulty

Easy

Best Seasons

Mar - May & Sep - Dec

Transportation

Car

Max Altitude

4500m

Trip Type

Trekking

Meal

Breakfast, Lunch Dinner

Accommodation

Hotel and Lodge

9 Days Highlight of Mardi Trek

- The Mardi Himal Trekking trail has a distinctive ethnic culture and lifestyle.
- Unique sights of elevated Himalayan peaks in Mardi Himal Hiking
- Isolated trail and magnificent sceneries of the surrounding hillside territory.
- Scenic Himalayan viewpoint at 4500 meters (Upper Viewpoint)
- The hospitality of the Gurung people along the trekking trail was remarkable.
- Boating in Phewa Lake and superb views of Annapurna Range.

Trip Overview

9-day Mardi Himal trekking: In recent years, the solitary Mardi Himal trek package has gained admiration in Nepal's [Annapurna region](#). Hiking in Mardi offers a blend of breathtaking scenic auras, extensive societal legacy, and strenuous Trekking.

Similarly, we offer the Mardi Himal Trekking package price and cost for 2024 and 2025. You may contact us by WhatsApp at +977 9851033819 or by email now.

The trek commences in Pokhara, a well-admired tourist destination for its tranquil lakes and breathtaking mountain vistas. From this point, you will walk through the region's luxuriant woodlands. The trail travels through old-fashioned towns, providing a window into the lives of the locals.

The visual spectacle of the Mardi Himal and the Annapurna ranges from the base camp to the apex site. The base camp is elevated at 4500 meters, and the aura is sumptuous. The iconic **Annapurna South, Macchapucchre (Fishtail), and Himchuli** can all be seen in all their splendor, complementing the cloudless heavens and lack of pollution.

Along the trip, you'll encounter various animals, including Himalayan Thar, Himalayan Black Bear, and several bird species. With different traditional Nepali cuisines available in the neighborhood teahouses, the journey is a terrific way to enjoy the local cuisine.

The trek to Mardi Himal Base Camp will take 5 to 7 days, making it relatively short. Because of this, it is the perfect choice for individuals who want to see the Himalayas' natural splendor but are limited in time. The steep terrain and high altitude make it a fantastic option for anyone seeking a more difficult journey because it offers an actual endurance test.

9 Days Trek to Mardi Himal Cost

The price of hiking the Mardi Himal varies depending on the season, the number of trekkers, and the preferences of our esteemed clients. Feel free to contact Boundless Adventures if you want to know more about the price of the Mardi Himal trek, itinerary, and local culture.

The attraction of the Mardi Himal Trekking package

1) Annapurna Conservation Area (ACAP)

Annapurna Conservation Area Project is a paradise of diverse natural resources in Nepal. It covers an area of 7,629 square kilometers, including most of the northern part of Pokhara city and Mustang.

You would be amazed to know that the area has abundant biodiversity, with a range of flora and fauna. The astounding Annapurna massif sits on top of the cake for ACAP.

2) Mardi Himal Base Camp

The final stopover of the Mardi Trek is Mardi Base Camp. This spot is secluded and tranquil, bestowing the best view of the [Annapurna Base Camp](#). Numerous trekkers describe this place as a natural paradise. To the north lie the towering peaks of the Annapurna range; to the south are lush, dense jungles as far as the eye can see.

3) Amusing Terrain and Landscape

From start to finish, the Trek to Mardi Himal stretch bestows diverse landscapes. The lower section of this traverse, initiated at Dhampus and going to Forest Camp, is filled with dense Rhododendron and Oak forests. These areas are humid, with colorful displays of hues during spring.

As you elevate above Forest camp, you will encounter temperate forests, including Maple, Hemlock, and Pine. From thereon, you will discover Alpine pastures and rock-covered terrain in the higher elevation. This landmass differentiation makes Mardi Himal Trekking even more joyful.

Mardi Himal Base Camp trekking

Mardi Himal base camp is a well-praised trekking location in Nepal's Annapurna region. Its location in the Himalayas allows the hikers to engage in the indigenous customs and folklore while indulging in the mountains' glorifying views in the distance. You can reach the base camp after a 5-7 days' journey from Pokhara, the commencing point for many treks in the Annapurna region.

The Mardi Himal base camp trekking experience offers trekkers an eccentric and culturally interesting memory lane as they pass mesmerizing forests, quaint communities, and terraced fields. As hikers ascend the trail, they pass by old-fashioned farms and tiny towns where they may witness the local way of life and connect with the welcoming residents. The course offers a challenging yet rewarding experience for seasoned hikers and thrill seekers.

Trekkers can see the area's varied flora and fauna along the journey. Rhododendron forests, bamboo groves, and alpine meadows are just a few of the many different types of vegetation found in the Annapurna region. Along the trek, they can observe many birds, monkeys, and other wildlife.

The thrilling vistas of the neighboring peaks are one of the delights of the Mardi Himal base camp trekking. Along with other surrounding summits like Annapurna South, Himchuli, and Macchapucchre, the Mardi Himal is a spectacular mountain that dominates the skyline.

At several vantage points throughout the walk, the trekkers can also enjoy panoramic views of the valley below and the surrounding hills.

If you want to glorify the aura and rich culture of the Annapurna region, you must trek to Mardi Himal Base Camp. The trek offers adventure seekers and environment lovers an exceptional experience with its breathtaking views, various terrain, and welcoming communities.

The Mardi Himal Base Camp walk is a fantastic choice for anyone wishing to explore the beauty of the Himalayas, whether they are experienced hikers or novices.

View Point of Mardi Trek

Mardi Himal is a stunning and glorious mountain peak. Astonishing expansive panoramas of the surrounding peaks and valleys are available from Mardi Himal's viewpoint.

From this viewpoint, tourists can see a stunning panorama of the Annapurna range, including the Annapurna south, Himchuli, Macchapucchre(Fishtail), and Gangapurna peaks. The awe-inspiring contrast between the enormous rolling hills covered in lush green trees and the snow-capped summits will surely leave tourists speechless.

Reaching the Mardi Himal viewpoint takes a leisurely trek through the [Annapurna Conservation Area](#). Before reaching the viewpoint, the trek leaves Pokhara and travels through quaint villages, terraced fields, and lush forests. The marked track may be finished in five to six days.

The viewpoint of the Mardi Himal is a must-visit location for people who enjoy the peaceful, natural, and adventurous atmosphere. It provides visitors with a rare opportunity to observe the natural splendor of the Himalayas.

Several vistas along the **Mardi Himal Hike** provide breathtaking views of the surrounding mountains

and valleys.

Among the well-known

- 1. Low Camp Viewpoint:** This viewpoint, close to the Low Camp, has sweeping views of the Annapurna South, Himchuli, and Macchapucchre (Fishtail) peaks.
- 2. High Camp Viewpoint:** This viewpoint, close to the High Camp, offers a clear view of the Mardi Himal Peak and the other mountains.
- 3. Base Camp Viewpoint:** A well-known viewpoint provides a close-up view of the mountain summits and the surrounding glaciers and snowfields.
- 4. Deurali Viewpoint:** On the route to the base camp, there is a viewpoint called Deurali that offers panoramic views of the Annapurna range and the surrounding valleys.
- 5. Siding Village Viewpoint:** Siding Village is home to this viewpoint, which provides a stunning view of the Macchapucchre (Fishtail) peak and the other mountains.

These are a few well-known viewpoints along the Mardi Himal trekking, although many more picturesque spots along the route provide breathtaking Himalayan views. The **Mardi Himal journey** is full of stunning vistas that will leave hikers in wonder, while the precise number of overlooks can vary depending on the route taken.

Best season to trek the Mardi Himal.

Nepal has several different trekking seasons and four other trekking sessions. We do not operate Mardi Himal Trekking during the monsoon season, which is characterized by heavy rain.

Spring Season

A magnificent spring experience awaits you on the Mardi Himal Trek, generally lasting from **March to May**. The moderate and clear conditions now provide stunning vistas of the peaks and valleys.

The sky is typically straightforward, making it the best time of day for sightseeing and taking photos.

Another beautiful experience is seeing the local vegetation come to life in the spring, with wildflowers blooming and new growth emerging in the forests.

Spring season gives the hike an additional splendor, making it a vibrant and picturesque adventure.

The trails are also in good condition, with little mud and rain during the spring.

Trekking in the Mardi Himal simplifies and lowers the chance of slipping or being hurt. The rivers and streams are also complete, making them a welcome supply of cool Water for the trek.

The days are pleasant and comfortable, but the evenings may get chilly, so it's crucial to pack clothing for the fluctuating weather. You won't have to worry about extreme cold or heat, making it a fantastic time to trek.

In conclusion, springtime trekking in the Mardi Himal region is a magical experience, with pleasant temperatures, bright skies, and breathtaking views of the surrounding peaks and valleys.

The Mardi Himal Journey in the spring is a fantastic option if you're searching for a trek that combines

beautiful scenery and cozy accommodations.

Autumn Season

Autumn usually lasts from **September to November** and is a magical time to go through the area and experience the Mardi Himal Travel. This period has crisp, clear weather, allowing you unimpeded vistas of the beautiful peaks and verdant valleys surrounding the climb. Autumn is a photographer's dream, offering countless opportunities to capture the grandeur of the environment due to the usually cloud-free skies.

Trekking and camping are ideal during the warm days and cool evenings of autumn. However, layering your clothing is the best option to ensure comfort in any weather.

The journey is made much more magical by the foliage's shifting hues during this time of year, which results in a stunning show of nature's handiwork.

The fall has little mud and rain, and the trails are well-maintained. As a result, the walk is enjoyable and risk-free, free from the additional difficulties that come with slick or damp terrain. The rivers and streams are also complete, giving the hikers a crucial supply of hydration.

In conclusion, the travel to Mardi Himal is a memorable excursion that promises crisp air, breathtaking scenery, and a celebration of nature's splendor.

The Mardi Himal Journey in the fall is a must-do if you're searching for a trek that mixes excitement with tranquil scenery.

Winter Season

Winter in the Mardi Himal trek results in freezing and frigid temperatures, making trekking very hectic and strenuous, with many difficult and complex circumstances. Moreover, we only partially suggest trekking during the peak winter seasons, as the trails are blocked due to excessive snowfall.

Many teahouses close during this time along the Mardi Himal trek.

Summer Season

Summer coincides with the monsoon season and falls between June and August. It is a verdant and luscious experience. The area comes to life during this time as the forests and valleys teem with life and wildflowers—the region's lush beauty results from the plentiful rainfall that the monsoon season also brings.

During this time, the trails of the Mardi Himal can get slick and challenging due to the frequent downpours in the region. It would help if you did the Trekking cautiously as injuries might also persist from slipping. In addition, the trails can become abundant with leeches, increasing the trek's strenuousness.

The clouds can cover the stunning views, which you can inspect quickly in the peak seasons, spring and autumn. Somedays, you will be rewarded with clear and magnificent views of the Mardi Himal and other neighboring peaks, but some days, it won't be accessible during the monsoon season.

Mardi Himal Trekking information

- Trekking days: 9 Days
- Trekking starts in Kathmandu.
- Kinds of the Trip: Trek
- Difficulty: Easy
- Foodstuffs: Breakfast, Lunch and Dinner
- Ground Transport: 4wrd Jeep
- Lodging: Tea House
- Permits: Necessary
- Guide: Necessary.
- Porters: Options
- Trekking finish: Kathmandu
- Maximum height: 4500 meters
- Best trekking times: March to May and Sep to Dec
- Highest Place: Base Camp.
- Trip Inquiry: By Email.
- Optional inquiry: **WhatsApp** at +977 9851033819

Trip Itinerary

Boundless Adventure provides a 9-day Mardi Himal Base Camp trek itinerary at the best price. Please let us know if you do not have long holidays in Nepal or more extended time in Nepal.

We can provide you with a shorter itinerary of such trekking routes. Trusted for local and offer you the expression of local.

However, **March to May and September to November** are the best trekking season. It is also an easy and beautiful trekking trail in the Annapurna region.

The hotel or lodges are standard accommodations with warm, fresh, hygienic breakfast, lunch, and dinner during the trek. We are approaching getting 4500m (Mardi Himal Base Camp) on the highest ridge of the trekking.

Similarly, the accommodations in Kathmandu and Pokhara are not included in the cost. Please let us know whether we should book for you.

Day 01: Arrival in Kathmandu.

Welcome to Nepal. Boundless Adventures will receive you at the international airport and transfer you to the Hotel by car/ Van/ Bus. After a rest for a while, we will meet you for a short briefing about the itinerary and schedules. If you arrive late at night, we will inform you during the van /Car while driving to the Hotel.

Note: Local phone sim cards and Money exchange are available at the international airport.



You can see mountains from the airport in Kathmandu.

Destination:

Kathmandu

Accommodation

Hotel

Transportation:

Car

Duration:

15 Min

Day 02: Drive (optional flight) to Pokhara.

Early in the morning, we drive from Kathmandu towards the western part.

The Prithvi Highway has switchback roadways, but the driving is fantastic, and the scenery of the Riverside valleys is great.

During the 6-7 hours drive, we take a few stops to refresh and have lunch. Reaching Pokhara, we transfer to the hotel.

An alternative flight option is available from Kathmandu, about half an hour's flight. It will help to cover the extra cost if you prefer the flight option to avoid a long road drive. Overnight at the Hotel in Pokhara.



Pokhara Airport

Destination:

Pokhara

Accommodation

Hotel

Transportation:

Flight

Duration:

20 min

Food:

Breakfast, Lunch, Dinner

Day 03: Drive to Kande and trek to Deurali

Enjoy a delicious breakfast at Lakeside of Pokhara Hotel, and take an hour's drive to Kande, where you can enjoy the varied landscapes and the Himalayas.

Even the hillside territories around Pokhara are popular tourist destinations.

Beginning the trek from Kande, enjoy the photo session time at Australian Camp, which is a fantastic lunch point.

The short trail to Deurali heads through the magnificent route, where you get to the mystical scenery of Mt. Fishtail (Machhapuchhre) and rest at an eco-friendly lodge. Overnight at lodge.



Local village along the way to Mardi Himal Trekking

Destination:

Deurali

Accommodation

Hotel

Transportation:

Hiking

Duration:

3 hour

Food:

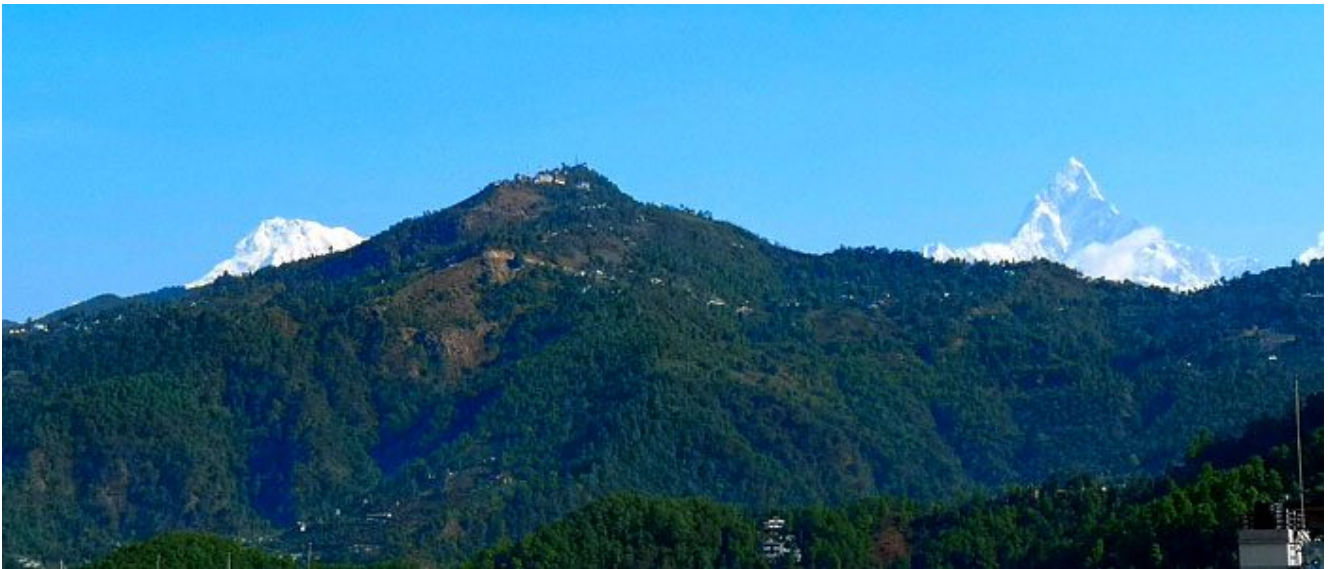
Breakfast, Lunch, Dinner

Day 04: Trek to Forest Camp

The chirping melody of various bird species accompanies us as we embark on the excursion from Deurali after having a delicious breakfast.

The magical world appears through the isolated route, but the trail is often steep. It is a straight line through the brilliant rhododendron and wall nut woods.

The serene setting evokes the meditating soul that welcomes fresh oxygen. Then we head continuously to 2540 meters altitude, known as Forest Camp, and rest. Overnight at the lodge.



View from Forest Camp of Mardi Himal Trekking

Destination:

Forest Camp

Accommodation

Lodge

Transportation:

Hiking

Duration:

5 hours

Food:

Breakfast, Lunch, Dinner

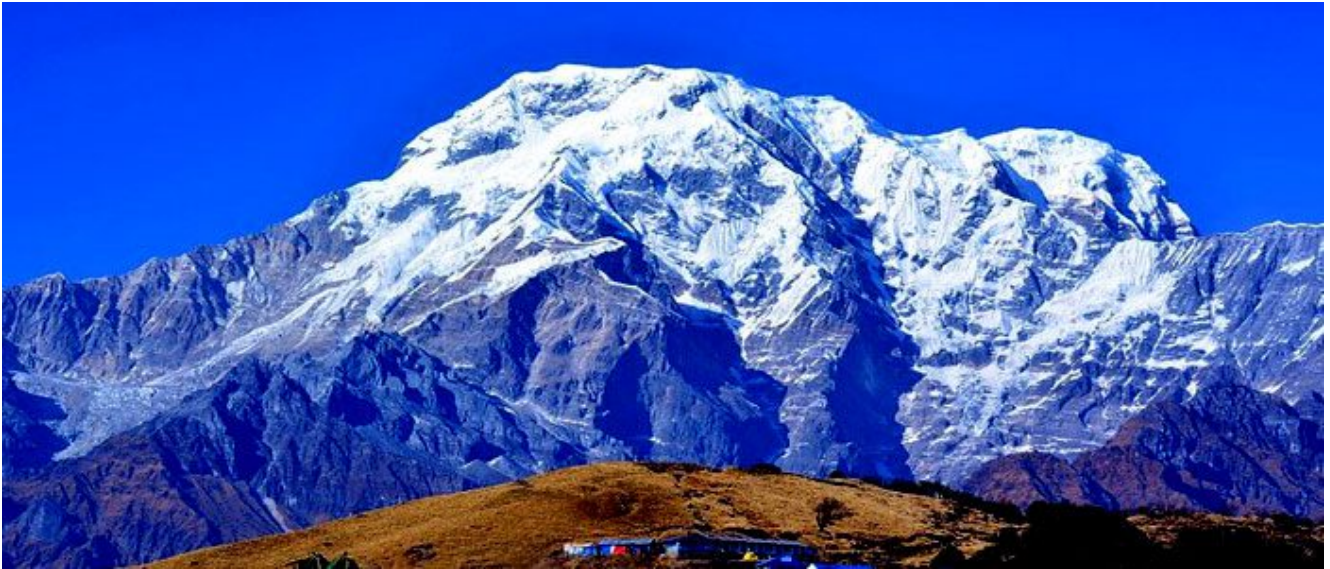
Day 05: Trek to High Camp

Furthermore, the trail hereafter is relatively rigid, but a much more fantastic day to come.

Having breakfast, we proceed through the forest of orchid woods, alpine meadows, and the trail dotted with mosses and bracken.

Mount Annapurna, Machhapuchhre, and Himchuli's grand scenery draw closer to your attention, and you can't stop saying.

"Wow, this is what I prefer to explore." The perfect landscape of the Modi Khola valley adds more charm to the trek. We gradually reach High Camp for the overnight stay. Overnight at lodge.



Mardi Himal Trekking High Camp Photo

Destination:

High Camp

Accommodation

Lodge

Transportation:

Hiking

Duration:

5 hours

Food:

Breakfast, Lunch, Dinner

Day 06: Mardi Himal Base Camp

After breakfast at the lodge, we follow a single track through the hill ridge of the region towards the snowy path, which should be attended to as some parts can be badly slippery.

Reaching the Mardi Himal Base Camp (The elevation of Mardi Himal Base Camp is 4500m), the gigantic mind-blowing Himalayan scenery does not permit you to avoid your sights, even for a moment.

Abundant clicks on your camera go on continuously. The pyramid shape of Mt. Fishtail, Annapurna, Mardi Himal, and Dhaulagiri appears just before you.

So, it's the core of the Himalayas. Let's eat the packed lunch here as no lodges and tea houses are above the High Camp. After spending enough time, we returned to the Base Camp camp and rested overnight at the lodge.



Views from Mardi Himal Base Camp

Destination:

Base Camp

Accommodation

Lodge

Transportation:

Hiking

Duration:

6 hours

Food:

Breakfast, Lunch, Dinner

Day 07: Trek to Siding and drive to Pokhara

From High Camp, start descending to Siding via Low Camp after having a delicious breakfast. A couple of stops on the way refresh you as hiking down is not so easy.

Reaching Siding, Have lunch at Siding and drive to Pokhara by Jeep. Overnight in Pokhara.



Siding Village in Mardi Himal trekking Kaski

Destination:

Pokhara

Accommodation

Hotel

Transportation:

Jeep

Duration:

4 hours

Food:

Breakfast, Lunch, Dinner

Day 08: Drive back to Kathmandu

After breakfast in Pokhara, we drive through the Prithvi Highway to return to Kathmandu.

We stopped in a couple of places to have lunch and get refreshed.

We reach Kathmandu through the landscape, Bank of River, and rice fields, transfer to the hotel, and check-in.

Overnight at the hotel. Overnight at the hotel.



Driving on the road from Pokhara to Kathmandu

Note: Driving to Chitwan from Pokhara, you can enjoy the [Chitwan Jungle safari](#) if you still have time. Chitwan National Park is home to various endangered species, where we can do jungle activities like an elephant safari, Jeep driving, Canoe riding, and bird watching.

Destination:

Kathmandu

Accommodation

Hotel

Transportation:

Bus

Duration:

4/5 hrs

Food:

Breakfast, Lunch

Day 09: Departure

On the last day of the trip, our representative will drop you off at the international airport by private air-conditioned vehicle, according to your schedule, after breakfast at the hotel. Please follow the hotel's note: Check-out time is 12:00 Noon.



Nepal Departure airport

Destination:

Kathmandu

Transportation:

Car

Duration:

15m

Food:

Breakfast

Trip Includes

- Pick up and drop off from the international and domestic airports by private vehicle.
- Three meals during the trekking (Breakfast, Lunch, and Dinner) with neat and clean lodges.
- Required paperwork for the trekking (TIMS permits)
- Two nights accommodation in Pokhara according to Itinerary.
- From Kathmandu-Pokhara-Kathmandu round trip by tourist Bus.
- From Pokhara-Kande and Sidhing-Pokhara by private vehicle
- A professional trekking guide.
- Salary insurance, food, accommodation, and transportation for a guide.
- Trekking map and duffel bag, if needed.
- Sleeping Bag and Down Jackets (returnable)

Trip Excludes

- Miscellaneous expenses.
- Chocolates and energy bars
- Hard and soft drinks
- Hotel in Kathmandu
- Lunch and dinner in Kathmandu.

Frequently Asked Questions

Where is Mardi Himal Trek located?

The Mardi Himal trek is west of Kathmandu and Pokhara, located in the Annapurna Conservation area. Similarly, the Mardi Himal trek starts in the Kande of Kaski district and the Gandaki zone. It ends up at the Shiding village of Pokhara. Usually, the hike is 7/8 days from Kathmandu.

Where do we start at Mardi Himal Trek?

The Mardi Himal Trek starts in Kathmandu and ends in Kathmandu, but if you are considering going to Chitwan and Lumbini, you may end up in Pokhara. Your trekking crew will be driving back to Kathmandu.

How challenging is the Mardi Himal trek?

The Mardi Himal trek is the most accessible trekking trail among the Annapurna trek. It is straightforward and the best viewpoint of the Annapurna region.

Do we need a guide for Mardi Himal Trek?

Yes, we suggest having a trekking guide to scramble with the local culture of the Himalayas and challenge the situation in front of you.

How Many People can trek together at Mardi Himal?

Trek to Mardi is an easy and short trekking trail in Annapurna. You trek up to 20 people in a group to a single person.

Solo Female can trek with the guide at Mardi himal?

Our guide will be responsible and take care of you even if you are a solo female traveler.

How much time does it take to trek Mardi Himal?

Mardi Himal Trek is leading you higher than 4000 meters from sea level. It will take 6 to 7 days to trip from Kathmandu.

What is the average cost of a Mardi Himal trek?

Yes, you are right, you should know about the cost before traveling. The price depends on the size of the group. Please drop a message on WhatsApp at +977 9851033819 or email us for more details regarding the cost.

Which is the best month for the Mardi trek?

We have two of the best trekking seasons for the Mardi Himal.

1) The spring season starts from March to the end of May. 2) The autumn season starts from September to the End of December.

Which is the most challenging hiking day at the Mardi Himal trek?

The most challenging hiking day is When you head to Base Camp and return within one day.

What is the highest altitude of this trek?

Mardi Himal Base Camp (4500 meters) is the highest altitude of the trek.

Is it safe for solo women to trek in the Annapurna Mardi Himal ?

There should not be any hesitation about it. Our guide and Porters are friendly and responsible.

Is there an ATM facility on the trek?

There are ATM facilities in Pokhara. You can't use the ATM service during the Mardi Himal trek. You need Nepali money with you instead of any card.

How many days is the best for Mardi Himal Trek?

Six to eight days is the best for the trek to Mardi Himal.

Does Trekking permits required for Mardi Himal Trek?

Yes, It is necessary to have trekking permits for Mardi Himal trekking. Boundless Adventure provides such [trekking permits](#) from Kathmandu.

Do you accept visa / Master card?

Yes, we do. We accept American Express, Visa, and Master cards, but Nepali bank charges you 4% extra on the total amount.

Are we able to pay online?

Sure. You can pay through the online trip booking system in advance, but Nepali bank charges you 4% extra.

Is Mardi Himal trek has Hotel?

Yes, Mardi Himal Trekking Trails have a tea house / Guest house. You can get double sharing rooms every night with Hot water for showers.

What about a hot shower along the Mardi Himal trek?

No Doubt, You can get a hot shower every night in Mardi Himal Trek. Some hotels are accessible, but some hotels charge you a certain amount.

Can we get a food menu along the way to the Mardi Himal trek?

Of course, you will get a food menu along the way to Mardi Himal Trek. You may choose the food according to the Menu. It is still better to consult with your guide about details of hygienic food.

What about altitude sickness in mardi Himal trek?

Altitude sickness can happen unknowingly despite having moderate altitude in Mardi Himal Trekking. It increases in wintertime, so some specific attention is required. Our guide recommends meals and drinks to improve the adaptation to the high altitude.

How many porters will we get in Mardi Trek?

We will provide some porters as per your requirement. But usually, one porter for two clients for Mardi Himal Trek.

The Mardi Himal trek is best in spring?

The spring season is the second biggest trekking season in the Mardi Himal. The weather is apparent daily in the Morning, and you can see the colorful rhododendron forest.

Is the Mardi Himal trek in October or November best?

October and November are the best moments of the year to trek in the Mardi Himal. The weather is very clear from Morning to late evening.

What is the best viewpoint of the Mardi Himal Trek?

The best viewpoint of the Mardi Himal Trek is the forest camp, Mardi Himal Base Camp, and High camp. But still, you can see the Himalayas along the trekking trail.

Where can we get the Mardi trekking map?

Boundless Adventure provides a free trekking map. But, still, you can get a trekking map of every corner of Thamel.

What is the Mardi Himal trek route like?

The Mardi Himal trek route is straightforward. You can trek with your family and child.

Mardi Himal trek start from Pokhara?

Yes, usually, the Mardi Himal trek starts and ends in Pokhara. But we are operating from Kathmandu.

How are Mardi Himal trek packages?

The Mardi Himal trek package is very reasonable; It is one of the best and cheapest trekking packages in the Annapurna Trek.

How can we book Mardi Himal Trek?

Boundless Adventure is a Nepal government registry trekking company in Kathmandu, Nepal. You can book the Mardi Himal trek online.

What is the alternative trekking route for the Mardi Himal trek?

Nepal is a small country, but it has many Himalayan ranges. You may book Annapurna Base Camp and Ghorepani Trek in the Annapurna region. Similarly, the Everest Family trek and Langtang Valley treks are alternative routes.

Essential Information

Information on the Mardi trek

One of Nepal's most well-praised treks is the Mardi Himal trek, which anticipates sensational outlooks of the Himalayan peaks, including Mount Machhapuchre and [Annapurna South](#). The tour commences in Pokhara and travels through verdant woods, diverse hamlets, and high-altitude scenery. Here is thorough information on the Mardi treks.

1. Altitude: The Mardi Himal trek brings you to the Mardi Himal base camp, located at an elevation of 4500 meters. This is the highest point on the tour, and if you have not been adequately acclimatized, you should be prepared to experience some symptoms of altitude sickness.

2. Culture: The Gurung and Magar populations, renowned for their warm reception and traditional culture, are represented by the ethnic hamlets through which the Mardi Himal trek proceeds. You can interact with the natives to acknowledge their rituals and folklore and grasp how they live.

3. Lifestyle: The locals lead a straightforward, traditional lifestyle. Their primary sources of income are agriculture and tourism. The Mardi Himal trek offers a chance to observe their daily activities, such as farming, caring for animals, and cuisine.

The trek is renowned for its breathtaking Himalayan panoramas, including the magnificent Mardi Himal, Annapurna South, Himchuli, and Macchapucchre. It is perfect for nature lovers and adventure seekers because it takes you through lush forests, rhododendron forests, and alpine landscapes.

The Mardi Himal trek offers trekkers a remarkable escapade due to its exceptional combination of culture, ventures, and allures.

The 7-day Mardi trek offers stunning and varied scenery, from the verdant forests, terraced fields, and old-world villages to high-altitude ridges with breathtaking Himalayan views. Since the trail is marked and well-maintained, travelers of all levels of expertise can use it.

As you begin the trek, you will be surrounded by lush, green rhododendron forests. You might also see local wildlife, such as monkeys, barking deer, wooden black bear, and many birds.

The pathway then passes through a few towns where you can see how the locals still live a traditional way of life. Once on the high-altitude ridges, you will be rewarded with stunning panoramas of the adjacent peaks and Himalayas.

The pathway engulfs a series of high, narrow switchbacks as you reach the Mardi Himal Base Camp, elevated at 4500 meters. The base camp offers eccentric panoramas of the proximal peaks and a comprehensive sight of the broad Annapurna range. Overall, the Mardi Himal trek is a stimulating but rewarding trekking tip that renders you the providence to prospect the native civilization and manifest wonders of the Annapurna region and the thrill of ascending to the high-altitude ridges with the phenomenal mountain vistas.

Reasonable Price Guaranteed

Boundless Adventures is available to make your trek even more unforgettable. The Mardi Himal Trekking is the ideal combination of adventure and beauty. We provide group discounts because we recognize that traveling in a group can be costly and want to make your experience inexpensive and economical. We promise that our prices are fair and have no additional fees.

Our dedication to your happiness is steadfast, and we ensure that none of our packages ever sacrifice the standard of the experience or the service. Come along on the adventure of Mardi Himal with us, and while you enjoy the splendor of the Himalayas, let us handle everything. Make your reservation right away and prepare for a memorable experience!

Altitude of the Trekking

Trekking is a desired trail nestled in the Annapurna region of Nepal. It is proclaimed for its admirable spectacle of the Himalayas and its relatively moderate level compared to other treks. The altitude of the Mardi Himal trip varies during the tour, reaching a maximum height of 4500 meters (14,764 feet) at its peak level.

The trek commences at Kande, inclined at an altitude of 1700 meters, and gradually gains elevation as trekkers progress through the trail. After setting for Kande, the trail ascends to Deurali, located at 3,200 meters (0,496 feet). Trekkers can enjoy the all-encompassing vistas of the Annapurna and Macchapucchre ranges.

Further along, trekkers will accomplish the Mardi Himal base camp trekking at 4,500 meters (14,764 feet). It is the trek's highest point and offers an eye-catching view of the neighboring peaks. The trail descends back down to Phedi, where the tour climaxes.

(correct)It is important to note that the altitude of the Mardi Himal Trek can impact trekkers' health. Altitude sickness, also known as Acute Mountain Sickness (AMS), can occur when trekkers ascend to high heights too quickly. Symptoms of AMS include headaches, dizziness, nausea, and shortness of breath.

Acclimatizing properly by taking breaks and allowing your body to adjust to the changes in altitude is recommended.

In conclusion, the Mardi Himal's altitude ranges from 1,190 meters to 4,500 meters, with the trek reaching its highest point at the Mardi Himal Base Camp. Acclimatization is essential to prevent altitude sickness and ensure a safe and enjoyable walk.

Trekking Route of Mount Mardi Himal

With spectacular views around every corner, this fantastic trek takes you from the busy streets of Kathmandu to the tranquil highlands of Pokhara and beyond.

The first part of your trek begins with a beautiful drive from Kathmandu to Pokhara, the entry point to the Annapurna region. From this point, you will proceed to Kande, a lovely town perched in the hills.

The path leads to Deurali, where verdant forests and undulating hills surround you. The real journey starts from here.

As you ascend through the forest camp and onward to the High Camp, you will meet the splendid views of the neighboring peaks. The trail becomes steeper, but the panoramic view to the snow-capped peaks is a breathtaking reward.

The High Camp is perfect for resting, inhaling the scenery, and preparing for the final push to the Mardi Himal base camp.

At the base camp, you will be surrounded by towering peaks and breathtaking vistas in every direction. This is the quintessential destination to lighten up, take in the allure of the mountains, and explore the sense of accomplishment that comes from reaching this distant and magnificent location.

From here, you will retrace your steps down the mountain and continue to Sidhing, a small village surrounded by rolling hills and luxuriant woods. Finally, you will return to Pokhara and back to the vibrant streets of Kathmandu, bringing the memories of your incredible journey.

The trekking trail is a true feast for the senses, with stunning landscapes, rich culture, and distinctive memories standing by you at every turn.

Mardi Himal Trek Route Location

You'll find Mardi Himal in the East of Pokhara in Nepal's Annapurna area. It is a segment of the Himalaya's Annapurna range located northwest of Himchuli and just south of the peak known as Annapurna South.

The Mardi Himal Base Camp is located at 4,500 meters (14,764 feet) above sea level; the pinnacle of Mardi Himal itself rises to 5,587 meters (18,326 feet).

With its breathtaking mountain scenery and rich cultural history, Trekking is a top-rated travel destination for trekkers and mountaineers.

The Mardi Himal, a hidden treasure in Nepal's Annapurna region, is ready to be discovered. This majestic peak symbolizes natural beauty, providing breathtaking vistas and an unmatched tranquil calm.

The Mardi Himal rises majestically from its base, its rocky summits shrouded in mist and its slopes

clothed in dense vegetation. The views are more breathtaking as you climb the mountain, with sweeping panoramas of the neighboring peaks and undulating hills as far as the eye can reach.

Trekking packages are famous for adventurers seeking the great outdoors, not just seasoned mountaineers. The Mardi Himal is where you can escape the bustle of contemporary life and reconnect with nature thanks to well-established routes, stunning scenery, and rich cultural history.

As soon as you step foot on the mountain, you'll feel calm and peaceful. The fresh mountain air, the sound of rushing water, and the rustle of leaves in the breeze will help you relax and recharge.

The Mardi Himal is ideal for a challenging hike or a place to experience tranquility and natural beauty.

Culture of People Living in Mardi Himal

The Annapurna region of Nepal, where the Mardi Himal is situated, is home to various ethnic groups with distinct cultural traditions. The Gurung, the area's largest ethnic group, are renowned for their generous hospitality and extensive cultural legacy.

The Gurung people are closely bonded to their cultural traditions, which include music, dance, and festivals, and they have a profound spiritual connection to the land. They have a solid oral culture and are renowned for the songs and dances they perform at festivals and special events.

On the Mardi Himal Trek, you may encounter members of different ethnic groups, including the Magars, Chhetris, and Thakalis. These communities provide great diversity and distinctive cultural traditions, including clothing, cuisine, and music.

Visitors to the Mardi Himal will have the chance to experience the distinctive cultural heritage of the locals, including performances of traditional music and dance, and learn about their customs and traditions. You'll be astounded by the depth and variety of the culture in this part of Nepal.

Whether you're seeing the historic temples and shrines or just mingling with the locals.

Moreover, the trekkers will have a glorious chance to meet and interact with the locals, who are proud of their cultural history and willing to share it with tourists.

Trekking permits for Mardi Himal

Trekking permits are necessary with you.

Trek to the Mardi Himal region, two main permits are required:

1. Trekkers' Information Management System (TIMS) Card
2. Annapurna Conservation Area Permit (ACAP).

Trekking guide of Mardi Himal

Join the finest trekking guides for an exciting experience across the trekking field! At Boundless Adventures, Our qualified, experienced trekking guides are not only authorities in their industry but also friendly people with outstanding personalities.

They'll make sure your trek is not only entertaining and safe but also a once-in-a-lifetime event.

Our trekking guides are committed to giving our customers the highest level of satisfaction and go above

and beyond to ensure your trek is a success.

Your walk will be instructive and enriching because they have in-depth knowledge of the Trekking trail of Mardi Himal and will impart that knowledge to you.

You can be assured that our guides are bringing your walk thanks to the fact that our guides are well-equipped with the right equipment, supplies, and first-aid kits. Your safety and comfort are always their top priorities; they are prepared to manage any circumstance.

Besides being qualified and experienced, our guides are amiable and personable. They are devoted to their work and will go above and beyond to ensure you have a wonderful trekking experience.

They will assist you with your luggage, set up your tent, and prepare delectable meals, giving you more time to take in the gorgeous surroundings and experience the native way of life.

Our licensed, professional, amiable trekking guides will leave no stone unturned to ensure your utmost satisfaction during your Trekking in Mardi Himal.

Lodges along the Mardi trekking

The tea houses along the Mardi Trek are more than just rest spots. They are an essential component of the hiking experience because they offer a window into the lives of those in the Himalayas.

Each teahouse is a bustling center of activity where locals and visitors congregate to enjoy meals, tell tales, and take in the beauty of their surroundings. These teahouses are proof of the friendliness and generosity of the Nepalese people, offering a spot to rest your tired feet, eat a hot meal, or catch up with other trekkers.

The teahouses along the trekking trail are the ideal spot to unwind after a strenuous day of Trekking because of their inviting atmosphere, soft beds, and delectable food.

You may also sit outside, encircled by the towering Himalayan peaks, as the sun sets and the stars emerge and observe how the glittering lights of the teahouses below cast a mystical glow against the night sky.

Take the time to enjoy the teahouses along the hiking trail, whether you're an experienced trekker or a novice trekker. You will have a fantastic experience at these simple yet fulfilling aces, and you'll gain a deeper understanding of the kindness and beauty of the Himalayan people.

Trekking food in Mardi Himal

The Mardi Himal Trek's food is a delectable and rewarding component of the trekking experience. As you ascend the paths, you'll have the chance to eat some of the best cuisines the Himalayas offer.

Everybody can find something they enjoy at the teahouses along the Mardi Himal Trek, which serves everything from traditional Nepalese fares like Boild rice with vegetable curry. Worldwide favorites like pizza and spaghetti also try to get the test of local food.

Indigenous cuisine is one of the delights of trekking in the Himalayas. Foods like momos (steamed dumplings), curry and rice, and lentil soup are nourishing and tasty because they are fresh, healthy, and flavorful. Thanks to locally sourced ingredients and spices, each meal is brimming with flavor and

character.

Many teahouses offer a wide range of international cuisine and regional specialties. Several options are available, whether you're in the mood for a hot breakfast, pasta, or burger. You won't go hungry while hiking because fresh bread, butter, and jam are always available.

The Mardi Himal Trek's hiking meals are exceptional because of the variety of foods available and the location. Each meal becomes a genuinely spectacular experience with the breathtaking vistas of the surrounding peaks and the sound of the wind rustling through the trees.

Drinking Water

Drinking water is an important consideration when trekking in the Mardi Himal region. Staying hydrated is essential to avoid altitude sickness and maintain energy levels throughout the trek.

In most teahouses along the Mardi Himal Trek, you will find pure mineral water, the most convenient option. You can also get boiled and warm Water for more suitable conditions during the trek. However, you can avoid the scarcity of drinking water during the Mardi Himal trek.

Day trip after the Trekking

After the Mardi Himal trek, a day trip is an ideal way to experience the area's breathtaking beauty and thrilling activities. Start the day with an exhilarating paragliding adventure, during which you'll glide above the magnificent Himalayas and enjoy amazing views of the surroundings. An ultralight flight is perfect for experiencing the skies more personally and closely.

With the wind in your hair and the sun on your face, you'll appreciate the surroundings from a completely different angle. Spend the afternoon rafting down swift-moving rivers and rapids surrounded by lush vegetation and mountains to cool down and change things. This exciting day trip is the ideal way to round up memories that will last a lifetime.

Conclusion of the Trek

Finally, the Mardi Himal Trek combines peace, beauty, and adventure. Because of its steep terrain and gorgeous landscape, this walk is the ideal opportunity to escape the bustle of daily life and reconnect with nature.

The route offers breathtaking views of the surrounding peaks, notably the beautiful Mardi Himal, while passing through traditional towns, verdant woods, and high alpine meadows.

Whether you're an experienced hiker or a novice, the trek will test and gratify you. The Mardi Himal is an adventure you will remember because of its stunning natural surroundings, vibrant culture, and friendly people.

The trek also provides an opportunity to immerse yourself in the community's culture and see how the Nepalese residents of this area live. This journey will give you a deeper understanding of Nepal's rich and varied culture, from trying local cuisine to learning about the inhabitants' religious practices and customs.

The walk offers an opportunity to push your physical and mental limits. Trekking in Mardi Himal requires

decent fitness due to its steep inclines and challenging terrain. Still, the sense of accomplishment and satisfaction you'll feel once reaching the top is priceless.

However, the journey itself is just as important as the final destination of a hike. Each minute on the route is a time to slow down, recharge, and appreciate nature's beauty, whether taking in the stunning views, savoring the solitude of the nearby wilderness, or just taking a break to drink a hot cup of tea.

Therefore, the Mardi Himal Trekking is a once-in-a-lifetime chance to experience the splendor of the Nepalese Himalayas, test your physical and mental limits, and fully immerse yourself in the area's rich culture.

So, without more delay, gather your belongings and set out on a memorable journey to the heart of the Himalayas immediately.

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