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Nepal paragliding and Ultralight Tour

URL: <https://boundlessadventure.com/nepal-paragliding-and-ultralight-tour>

Duration

6 Night

Difficulty

Easy

Best Seasons

Mar-Jun, Sep-Dec

Transportation

Car

Max Altitude

1,400 m, Kathmandu

Trip Type

Tour

Meal

Breakfast

Accommodation

Hotel

Trip Overview

Nepal paragliding and Ultralight Tour is towards the western side of Kathmandu Valley, where only a beautiful city named Pokhara exists. (900 M) It combines with local sightseeing in **[Kathmandu, Pokhara, and Chitwan tour](#)**.

Nepal paragliding and Ultra-Light tours give an astonishing view of various mountain peaks and sports like Paragliding and ultra-light flight. Pokhara is the ultimate destination for all tourists worldwide; on the other hand, it is the base of [Mount Annapurna](#) and Mount Dhaulagiri Range.

The Paragliding Point is just 200 km (120 miles) from Kathmandu city and a 7 km drive from Pokhara called SARANGKOT. Sarangkot is a small village famous for Paragliding and having a panoramic view of the sunrise in the early morning. But the Ultra-Light starts from Pokhara airport.

Contact us for more detailed information, including Nepal paragliding and Ultra-Light tour costs and the itinerary, by email or WhatsApp at +977-9851033819 for 2024 and 2025.

Nepal paragliding and Ultra-light tour is a competitive and disporting adventure sport in the circle of the Himalayas. However, experiencing freedom and flying like a bird in the sky are among several games and sports in Nepal, including Paragliding and ultra-light.

Paragliding and Ultra-light tours in Pokhara are highly recommended for exploiting marks in Nepal.

Similarly, Paragliding is the youngest sporting event; It arrived in 2007 A.D in Sarangkot of Pokhara. The experience of Paragliding simultaneously gives us a sense of freedom.

Magnificent views of the circular surrounding Annapurna mountains range, lush forest, blue sky, and majestic view of Lake from the atmosphere lead to your hidden enjoyment in front of you. We will provide you with a trip video and some pictures. If you have your device, please bring it with you.

Sarangkot is a paragliding starting point. It is 1990 meters above sea level, but it is a 20-minute drive from Pokhara City. While flying over, you can see Holy Mountain Fishtail, Annapurna I, II, III, IV, and the Manaslu Himalayan range. Of course, Temples, Lakes, and entire villages can also be seen during paragliding trips.

Eventually, the paragliding trip will always be a safe land. Do not confuse the takeoff and landing by the Lake.

Trip Itinerary

This tour encapsulates prominent tourist attractions of Kathmandu and Pokhara. It entails visiting iconic landmarks of Kathmandu like Boudhanath, Pashupatinath, Swayambhunath, and Kathmandu Durbar Square and heading east to the historical camping ground of Nagarkot. Nagarkot is one of central Nepal's most scenic vantage points for the Himalayan mountains.

We head to Pokhara for a 2-night stay. Pokhara is a tourist city with multiple alternatives for adventure. You can fly with a paraglide or take an aerial tour from Ultralight over the Annapurna Massifs. It's an easygoing 7-8 days itinerary with breakfast and hotel stay included in the package.

Day 01: Airport picks up and drops off by car/van/bus.

Our agent will pick you up from the exit gate of Kathmandu International Airport and take you to the hotel.

You will be specified regarding the programs on the following days at your Hotel overnight at the Hotel.



Airport arrival board with your Name.

Destination:

Kathmandu

Accommodation

Hotel

Transportation:

Car

Duration:

15 m

Food:

No

Day 02: Kathmandu valley sightseeing and drive to Nagarkot.

After breakfast in the hotel, enjoy your sightseeing trip around the Kathmandu Valley early in the morning. There will be three sites included.

- (A) Pashupatinath (Hindu temple), all the people worship Lord Shiva,
- (B) Bouddhanath Stupa, which is known as the highest Stupa in Nepal,
- (C) Swoyambhunath (famous as well as Monkey Temple).

We will drive to Nagarkot after exploring the UNESCO-listed Heritage site 35 km east of Kathmandu. In Nagarkot, we can have a great chance to see the sunset in the evening. Overnight at the Hotel.



View from Nagarkot

Destination:

Nagarkot

Accommodation

Hotel

Transportation:

Car

Duration:

4/5 Hours

Food:

Breakfast

Day 03: Sunrise view and drive to Pokhara.

Early in the morning, you will see the magnificent sunrise view and the absolute highest peak will shine golden when the sun's rays hit over the Himalayas.

After having breakfast, prepare the luggage. Later, we will be ready to go to Pokhara by van on the direct route of the Prithvi highway.

While traveling to Prithvi Highway, you can see green hills, Rivers, and beautiful sceneries of landscape, terraces, and local houses.

You can explore Phewa Lake while you have time in the evening in Pokhara Overnight at the Hotel.

**Destination:**

Pokhara

Accommodation

Hotel

Transportation:

Car

Duration:

5 Hours

Food:

Breakfast

Day 04: Paragliding or Ultra-Light

You will have breakfast at the Hotel, and a car will pick you up from your Hotel to Sarangkot at 9:00 AM. You can choose packages. Which one do you like?

- 15 minutes to 30 minutes
- 30 minutes to 60 minutes
- 60 Minutes to 90 minutes.

You can see the Mt. Annapurna and Dhaulagiri peaks as well. After the paragliding or Ultralight over the valley.

There are too many different places to visit, such as David's Falls, Bindabaseni Temple, and the International Mountaineering Museum. Do not miss the boating on Phewa Lake as well.

After touring, you can have Dinner on your own and overnight at the Hotel.



Ultra Light Travel activities of Pokhara Nepal

Destination:

Pokhara

Accommodation

Hotel

Transportation:

Car

Duration:

1 hour

Food:

Breakfast

Day 05: Return to Kathmandu.

Have a warm breakfast at the hotel, and be ready to drive back to Kathmandu using the same route as Prithvi Highway.

It's a Journey of 4/5 hours by van from Pokhara to Kathmandu. After reaching Kathmandu, the rest of the time is yours. You can rest or go somewhere you want. Stay at night at the Hotel.



Driving to Kathmandu

Note: If you would like to go to Annapurna Base Camp by helicopter, that is also possible. It takes 1 hour only. But Chitwan National will take two more nights. Please inform us earlier to book it.

Destination:

Kathmandu

Accommodation

Hotel

Transportation:

Car

Duration:

5 hours

Food:

Breakfast

Day 06: Half day Kathmandu sightseeing and shopping.

After breakfast, you can visit Kathmandu Durbar Square, near the Thamel.

Later, you can shop in the local market while returning to the hotel. There are too many different things to buy, but you may choose alone, Overnight at the Hotel.



Kathmandu Tour

Destination:

Kathmandu

Accommodation

Hotel

Transportation:

Car

Duration:

4 hours

Food:

Breakfast

Day 07: Final Departure.

Our agent will drop you off at the International Airport by van upon your departure. Thank you for

choosing Boundless Adventure.

We are very glad to serve you. We hope you like our terms and services.

Have a safe journey ahead.



Departure to the airport

Destination:

Kathmandu

Transportation:

Car

Duration:

15 m

Food:

Breakfast

Trip Includes

- Necessary ground transport by car/van / depends on the size of the group
- The hotel will be in stars categories
- Kathmandu city tour as per the above program.
- Nagarkot one night in a Hotel with Meal
- Traveling with an Air-condition private vehicle
- Breakfast and accommodation including in Kathmandu, Nagarkot, and Pokhara
- Tea and Coffee with every meal.
- Two-night hotel in Pokhara, 3 nights in Kathmandu, and 1 Night in Nagarkot.

Trip Excludes

- Tips and donation
- All sightseeing entry fees

- Lunch and dinner are in Kathmandu, Nagarkot, and Pokhara.
- Contact us for any questions.

Frequently Asked Questions

Where is paragliding and Ultra light in Nepal?

The Paragliding and ultra-light is located in west part of Kathmandu Nepal. Which is famous touristic place surrounded by the Annapurna, Dhaulagiri and Manaslu Himalayas, POKHARA.

What is the price for a Paragliding and Ultralight tour in Nepal?

The price of Paragliding and Ultralight tours in Nepal varies depending on factors such as location and duration. The duration of the tour majorly affects the cost. The operator offers 15—to 30-minute, 30—to 60-minute, and 60- to 90-minute options for the tour; visitors can choose any. Also, the prices for Paragliding and Ultralight are different.

Which place in Nepal is famous for Paragliding and ultralight tours?

Pokhara is a picturesque city famous for Paragliding and Ultralight tours in Nepal. Sarangkot, 1,592m, is the takeoff point for Paragliding. Likewise, Pokhara Domestic Airport is the ultralight takeoff point from Pokhara city. The combination of lakes, mountains, and valleys makes Pokhara renowned for Paragliding and ultralight spots.

What is the difference between Paragliding and Ultralight?

Paragliding and Ultralight are popular aerial adventures offering a unique flying experience; however, they differ. Paragliding is powered by the legs and controlled by body movements and brake lines, while ultralight flight involves a powered aircraft controlled by conventional flight controls. Moreover, Paragliding offers a more open, free flight experience, while ultralight flight provides a less open and controlled environment.

Is Paragliding safe for beginners in Nepal?

Yes, Paragliding is safe for beginners in Nepal, as the experienced instructor conducts the flight by providing proper precautions. Beginners can take a flight with a certified instructor for their safety. Likewise, equipment, including paragliders, harnesses, helmets, and parachutes, are well-maintained. Also, the flight is only conducted when the weather is clear for the safety of paragliders.

What should I wear during an ultralight flight?

We suggest that visitors dress appropriately for safety and comfort during the flight. Some advisable dresses for an ultralight flight include a comfortable base and insulating layer, a windproof jacket, comfortable pants, sunglasses, gloves, and a helmet.

How long do Paragliding and ultralight flights last?

The duration of a paragliding and ultralight flight varies depending on the decision of a paraglider and ultralight flyer. The operating team provides three options for both the Paragliding and Ultralight:

- Short flight: 15 to 30 minutes
- Standard flight: 30 minutes to 60 minutes (1 hour)
- Extended flight: 60-minute to 90 minutes

During booking, the Paraglider and Ultralight flyers should clearly describe how long they want to fly from the above option.

Can I click photos or videos while paragliding and Ultralight?

Yes, you can click photos and videos during the Paragliding and Ultralight to capture one of the memorable memories. The operators provide in-flight photography and videography services with high-quality images and videos from different perspectives. However, it costs extra if you prefer to take photos and videos

What happens in case of bad weather during Ultralight and Paragliding?

Every day, the paragliding and ultralight operators check the weather to ensure that the paragliders and ultralight flyers will have a pleasant flight time in clear weather. However, in case of bad weather during the flight time, the tour will be stopped and rescheduled for the next day, and the client's priority is at the top.

What are the best seasons for Paragliding and Ultralight in Nepal?

One can participate in Paragliding and Ultralight throughout the year. However, spring and autumn are the best times as the weather is generally reasonable. Summer is also good with sunny days. However, the season also includes monsoons, and heavy rainfall occurs. Winter is also best with its excellent view of the Himalayas and clear sky, yet sometimes, there can be fog due to the cold temperature.

Can I participate in Ultralight as a beginner?

Yes, you can participate in Ultralight in Nepal as a beginner, as the flights are safe with an experienced pilot for the safety of flyers. The pilots ensure a smooth and enjoyable experience for beginners.

Essential Information

Duration of tour

We have listed two paragliding packages with the duration of each.

1) Nepal Paragliding tour duration

While we take off from Sarangkot, we will fly over, above the valley, sustaining the jaw-dropping view of the village's natural ridges of trees. You can view Mount Fishtail, Annapurna South, and Himchuli more closely.

However, staring at people above the sky as if flying like a bird gives astonishing views. Our gliding journey ends after gliding beside the Lake. We can arrange it according to your time frame.

- 15 minutes to 30 minutes
- 30 minutes to 60 minutes
- 60 Minutes to 90 minutes.

2) Ultra-Light flight duration

We can perform ultra-light from Pokhara. Ultralight is another way to explore the Himalayas from Pokhara Airport via light aircraft with the help of the pilot. Pokhara is called the home of mountains, and the scenic beauty of various mountains can be explored here. Pokhara is chosen for the ultralight flight.

- 15 minutes to 30 minutes
- 30 minutes to 60 minutes
- 60 Minutes to 90 minutes.

Best season for Nepal paragliding and Ultralight Tour

Pokhara's weather forecast is reliable during the spring and autumn. However, to experience more enticing views from Nepal paragliding and Ultra-Light tour. The best season for paragliding in Nepal is from March to May or September and ends in early June.

It is recommended to wear a few warmer clothes during Nepal paragliding and Ultra-Light tours because as we go higher, the altitude gets colder. You have the best views of the Annapurna and Dhaulagiri mountain ranges. It is not necessary to get Permits from Annapurna Conservation.

Food and Accommodation

Various choices of foods, such as American, Halal, Jain, Chinese, and Italian, are available; the local foods are also best if you crave a more savory and extra cuisine to taste during your tour of Nepal.

Pokhara, a tourist city, offers the best hotels and resorts. The city's nightlife provides entertainment.

Note: *If you still have enough time, you may visit for two nights of a Chitwan jungle safari and spend one hour at Annapurna Base Camp By Helicopter from Pokhara.*

Equipment for tour

We need warm clothes with you while on such an adventure trip.

- It would be best if you had a windproof down Jacket.
- It would be best if you had a windproof, which is more challenging.
- It would be best if you had a pair of windproof shoes.

- Gloves
- Sun screams.
- Sunglasses.

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