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Tamang Heritage Trekking

URL: <https://boundlessadventure.com/tamang-heritage-trekking>

Duration

11 Days

Per Person Cost

USD 500

Difficulty

Easy

Best Seasons

Sep - Nov & Mar - May

Transportation

Car

Max Altitude

4773m

Trip Type

Trekking

Meal

Breakfast, Lunch and Dinner Including.

Accommodation

Include during the trek

Tamang heritage trekking highlight

- Discovery of Tamang heritage trekking in Langtang region.
- Nagthali and Taruche are the best viewpoints.
- Historical war place- Rasuwa Gandhi Border.
- Tibetan Buddhist Lifestyle on Tamang heritage trekking trail
- Natural hot spring in Tatopani.
- Panoramic views of Langtang and Ganesh Himal range
- Fixed departure dates are available in Kathmandu.

Trip Overview

Tamang Heritage Trekking is short and Tamang culture trekking. You know Nepal is a small country in the world, but it has a lot of things to see. Similarly, Tamang culture is one of them. It is why we provide such trekking for 2024 and 2025.

Trek to Tamang Heritage is a Buddhist cultural trekking destination in the **Langtang National Park of Nepal**. It was developed to build up local communities' lifestyles and exchange cultural experiences. The Tamang Heritage Trekking trail lies in **Rasuwa district**, the northern part of Nepal; It is close to the Tibetan border- of Kerung.

Tamang Heritage Trekking is popular with people of Tibetan origin and ethnic groups- Tamang. The maximum elevation is 4773m of hiking around Nepal heritage trekking. The trekking seasons start in March, April, September, October, and November every year.

We have a group joining an adventure trip for -2024 and 2025. Boundless Adventure Provides Itinerary, Permits, guides cost /price, and detailed information about the Tamang heritage culture trip.

Tamang Heritage Trekking offers incredible cultural exploration in the village. They **migrated from Kerung** a long time ago. The people depend on agriculture and trade for a livelihood.

They are forward in the handloom. There is a natural hot spring in Tatopani village. Nagthali is the best viewpoint of the Tamang Heritage trekking trail.

Ganesh Himal, Langtang range, Tibetan Himalaya range, and [Manaslu range](#). The view is situated at 3165m. Chilime, Timure, Briddim, and Rasuwagadhi are beautiful villages. The trekking Tamang Heritage Trail has a hydroelectricity station in Chilime.

Rasuwagadhi was a historical war between **Nepal and Tibet** a long time ago... The Tamang heritage region is rich in flora and fauna, geographical landscape, and spectacular views of the Himalayan range.

Similarly, The Kyrung Border is the Nearest border between Tibet and Nepal. Most people went to Manosavar and [Mount Kailash](#) via this border.

The **teahouse** trekking /Lodge trekking facility is available on the Tamang Heritage trekking trail. We provide a culture and custom Knowle trekking guide to explore the local village.

The Tamang Heritage trekking trail starts and ends at Syabrubesi. Tamang heritage trekking allows you to study nature and anthropology about culture and civilizations. Boundless Adventure is a leading local trekking company in Kathmandu. Please, feel free to contact us for more information.

Trip Itinerary

Day 01: Airport pick and drop to your Hotel (1345meters)

Transportation:

None

Day 02: Drive to Syabrubesi (1460m) - 6-7hours

Transportation:

None

Day 03: Trek to Tatopani(2607m) - 5-6hrs

Transportation:

None

Day 04: Trek to Thuman(2338m): 5-6hours

Transportation:

None

Day 05: Trek to Timure: (1762m) 5-6hours

Transportation:

None

Day 06: Hike to Rasuwagadhi (1814m) and back to Timure 3-4hrs

Transportation:

None

Day 07: Trek to Briddim (2229m) 5-6 hrs

Transportation:

None

Day 08: Trek to Syabrubesi (1460m) 3-4 hrs

Transportation:

None

Day 09: Bus Drive to Kathmandu- 7-8hrs**Transportation:**

None

Day 10: Leisure day in Kathmandu**Transportation:**

None

Day 11: Transfer to international airport for your final flight departure**Transportation:**

None

Trip Includes

- Airport picks up and drops by private car/van/bus.
- Government-licensed, experienced English-speaking Guide.
- Two people can get hair from one porter (options)
- All staff needs food, accommodation, salary, insurance, equipment, and medicine.
- Your accommodation and Three times meals a day (Breakfast, Lunch, and Dinner)
- Langtang National Park permits, and TIMS permits.
- Nepal Government taxes.
- Per person, one trekking map
- Ground transportation.
- Ground transportation by Bus

Trip Excludes

- Temple and monastery entrance fee.
- Hot and soft drinks.
- Bar bills
- Tips and Donations
- The rest of the expenses not mentioned in the price are included.

Essential Information

Best season in Tamang Heritage Trekking

The beginning of March to the end of June and the beginning of September to the end of December are the best weather for Tamang Heritage Trekking. Similarly, you can combine your trek with Langtang Valley trekking. It will be another 5/6 days longer to join.

Accommodation

You will have a Tea house or lodge along the trekking trail during the trekking. Similarly, Accommodations are standard. Everyone can get a single/double bedroom; every room has electricity, But the toilet is outside the Rooms.

Some guest houses have WI-FI available, and some have none.

Meals along the way to trail

The Trekking foods are wide varieties according to MENU, but we suggest vegetarians and using local products during the trekking.

Breakfast will be at your hotel in Kathmandu, and all meals are included in the trekking. Although you will be on the mountain, you can have various meals selected from the menu. From Dal Bhat (a typical Nepali meal) to the Indian and continental items are available in the tea houses or restaurants during the trek to Langtang Valley.

Drinking Water

Drinking Water usually, you will get mineral water and boiled Water that you can get in the tea house. Another alternative is, filling from the stream or hilly sources. It would help to use purifying tablets or liquid to make it worth drinking. It would help if you had a water bottle with you.

Trip Importance

We, the team of Boundless Adventure, will organize the Tamang Heritage Trekking with the best arrangements. However, there can be some issues that are beyond our control. Heavy rainfall and landslides can extend the trip, but there is little probability.

Additional Information

Tamang Heritage Trekking starts from Kathmandu by Jeep and local bus. There is not a tourist bus yet due to the gravel driving road. We can provide Privet Jeep and Bus tickets for a round trip to Tamang Heritage Trekking.

About the Trekking Permit

Tamang Heritage Trekking is in the Langtang national park. It requires trekking permits and TIMS permits for every nationality. Boundless Adventure provides you with these permits in Kathmandu.

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