



**Email:** [info@boundlessadventure.com](mailto:info@boundlessadventure.com)  
**Whatsapp Number:** [+9779851033819](https://wa.me/9779851033819)  
**Telephone Number:** [+977 1 4701884](tel:+97714701884)  
**Telephone Number:** [+977 1 4701885](tel:+97714701885)

# Yala Peak Climbing

URL: <https://boundlessadventure.com/yala-peak-climbing>

## Duration

15 Days

## Difficulty

Adventurous

## Best Seasons

March -May, Sep - Dec

## Transportation

Jeep

## Max Altitude

5500m

## Trip Type

Climbing

## Meal

Breakfast, Lunch & Dinner

## Accomodation

Guest House & Tent

## Trip Highlights

- Yala Peak Climbing is a famous Climbing Peak in the Langtang region.
- The Yala Peak Climbing trip starts from the Langtang Valley
- Yala Peak climbing trip offers panoramic views of Langtang Lirung, Dorje Lakpa, Naya Kang, Ganesh Himal, and Shishapangma.
- Kyanjin Monastery lies on its route.

## Trip Overview

**Yala Peak climbing** (5500m) is the practical climbing peak in the Langtang region, north of Kathmandu. It is combined with wonderful Langtang Valley trekking as well. The mountain is a picturesque and superb trip;

It provides beautiful views of the Himalayan ranges of the [Manaslu range](#), Langtang Lirung, Dorje Lakpa, Naya Kang, and Ganesh Himal range, Shishapangma (6388m), and Gangchempo (6388m).

Yala peak climbing is closer to the **Tibetan border**, following the ridge of high mountains. Similarly,

Climbing in the Yala peak season starts in March, April, May, June, September, October, and November of every year.

We offer Yala peak climbing activities for -2024 and 2025 with an Experienced climbing guide, itinerary, permits, and reasonable price / Cost. Contact us now by email and WhatsApp at +977-9851033819.

The mountaineering trip to **Yala Peak climbing** goes through the [Langtang National Park](#). It is prosperous with natural scenes, stunning landscapes, red blooming rhododendrons, Snow Leopard, and Red Panda in the fauna.

The views of Langtang Valley are regarded as the most beautiful in the world. Before starting expedition sports, climbers prefer to go to Kyanjin Monastery (3900m), a famous Buddhist pilgrimage spot, to adapt to the high climate.

The hike around the surrounding geography into the high part of Langtang is fruitful for acclimatizing at the high altitude. The camp lies at Yala Kharka (4600m) on the Yak grazing meadow.

The peak **climbing guide** information is all about the technical and challenging aspects of climbing and the use of climbing gear.

**The Yala Peak Expedition** trip begins from Syabrubensi after a seven-hour bus drive north of Kathmandu. It is a beautiful and brilliant trip through the dense Oak and rhododendron forest.

**Yala Peak climbing** is suitable for beginners and skill development practice to climb the highest mountains. It is fruitful to know how to use climbing gear and equipment.

Boundless Adventure operates several Yala peaks rising activities. We are dedicated to a successful summit with professional guides and sound management for the trip. Please, contact us for more information now.

## **Yala peaks climbing gears**

Our company provides most of the climbing gear and food from Kathmandu, Nepal. It would help if you informed us what types of [climbing gear you](#) need, and we will provide them accordingly, including Tent, Mattress, Sleeping Bag, and Ice-axe; however, all climbing gear except Climbing boots; climbing boots can't manage your size.

## **Trip Itinerary**

### **Day 01: Arrive at Kathmandu airport (1345meters).**

Upon your arrival at Tribhuvan International Airport, Kathmandu, you'll be greeted by our team members of Boundless Adventure and pick you up at the International Airport and drop off you at your hotel by a private car.

As per your preference, you'll either stay in the hotel chosen on your own or the one selected by us. If you are staying in the hotel which was chosen by us, it will be around the Thamel area. During the drive to your hotel, you'll get information about the things you'll get on the way through our members.

The day is yours, you can do whatever you want in the remaining time. However, you'll be briefed about the following day's journey through our guide at your hotel in the evening.

**Destination:**

Kathmandu

**Transportation:**

Car

**Duration:**

20 minutes

**Food:**

Exclude

## **Day 02: Drive to Syabrubesi (1503m)**

Starting With breakfast early in the morning at your hotel in Kathmandu. we'll pick you up from your hotel and the journey towards Yala Peak climbing begins. The drive begins by heading north from Kathmandu towards Trishuli Bazar. The Trishuli Bazar, the drive continues in the direction of Betrawati then passing through several villages, you'll get to Dhunche.

In the Central Development Region of Nepal, Dhunche is the district headquarters of the Rasuwa district. The village of Syabrubesi is 15-20 km north of Dhunche. A 6-8 hour drive from Kathmandu takes you to Syabrubesi at an elevation of 1503m.

However, the duration depends upon the mode of transportation and the traffic conditions during the drive. The distance between Kathmandu to Syabrubesi is 122 km. You have Lunch along the way and your dinner and overnight is at the tea house/lodge of Syabrubesi.

**Destination:**

Kathmandu

**Accommodation**

Hotel

**Transportation:**

Bus

**Duration:**

8 hours

**Food:**

Breakfast

## **Day 03: Trek to Lama Hotel (2480m)**

Early in the morning, with a warm breakfast at the tea house of Syabrubesi, you'll start trekking toward to Lama Hotel. Departing from Syabrubesi you'll walk along the River of Bhote Koshi and Langtang Khola. Continuing through the trail of riverside, you'll trek through the dense forest. A few hours of walking takes you to the Bamboo village where you'll stop for lunch.

After lunch, you'll Continue ascending through the oak and rhododendron forest. Crossing the bridge over the Langtang Khola, a trail leads you to a gentle ascend and takes you to Lama Hotel at an Elevation of 2840 meters above sea level. It takes around 5/6 hours along with lunch break at Bamboo. The distance from Sybrubesi to the lama hotel is 11.3km. Your dinner and accommodation are at the same tea

house as the Lama Hotel.

**Destination:**

Lama Hotel

**Accommodation**

Hotel

**Transportation:**

Hiking

**Duration:**

5/6 hours

**Food:**

Breakfast, Lunch, Dinner

**Day 04: Trek to Langtang village (3,430m) - 4/5 hours.**

Enjoying the views of the surrounding area, you'll have your morning's meal at Lama Hotel's tea house. Subsequently, you'll make your way towards the day's destination, Langtang village at an elevation of 3430m.

Walking alongside the river of Langtang Khola (river), you'll get to a lush environment. Passing through the beautiful waterfalls, you'll get to the village of Ghoda Tabela. The meaning of the Ghoda Tabela is "Horse Stable ", at the village you'll have your delicious lunch.

As you finish your breakfast, you'll continue your trekking towards Langtang village. From Ghoda Tabela, the trail continues by the rhododendron. Then passing from the forest you'll come to notice the opening up of the landscape. After that, you'll pass Langtang Gumpa and get to your day's destination, Langtang village. The trekking duration from Lama Hotel to Langtang village is 5-6 hours, covering a distance of 14km.

**Destination:**

Langtang village

**Accommodation**

Hotel

**Transportation:**

Hiking

**Duration:**

5/6 hours

**Food:**

Breakfast, Lunch, Dinner

**Day 05: Trek to Kyanjin Gumpa (3830m)**

Right after breakfast at the tea house of Langtang village, you'll start ascending towards the small village of Mundu. reaching Mundu, you'll pass through the Stone Mani wall along the way.

From Mundu, the trail ascends gradually through the grassland and small settlement of the houses. Passing through the yak pasture and the suspension bridge, you'll get to Kyanjin Gumpa. The trekking journey is short walking around 3-4 hours, covering a 9.7km distance.

Your lunch, dinner, and accommodation of the day take the same teahouse of the Kyanjin Gompa.

**Destination:**

Kyanjin Gompa

**Accommodation**

Hotel

**Transportation:**

Hiking

**Duration:**

3 hours

**Food:**

Breakfast, Lunch, Dinner

**Day 06: Kyanjing Explore day.**

As you're above 3500m, you'll have a chance of acute mountain sickness, so for your well-being, our itinerary is designed with an acclimatization day at Kyanjin. The day is a circuit day trip. On this day, you'll go to a higher elevation and return to Kyanjin for an overnight stay. This day you'll hike to Menchhyamsa Ri at an elevation of 4650m. To get to the Menchhyamsa Ri, you'll walk through the gorge on a narrow trail.

The reason for hiking up to Menchhyamsa Ri is for a better view of the different peaks of the Langtang range. Langtang Ri (7,205 m), Langtang II (6596m), Newkang/Naya Knag (5122m), Yala Peak (5,500 m ), Ganja la (5863m), Langtang Lirung (7234m), Changbu (6251m), Kingshung (6781m), Langtang Yubra (6264m) and other surrounding peaks are seen from Menchhyamsa Ri.

Langtang Glacier is the closest view seen from the top of Menchhyamsa Ri. After the exploration, you'll return down through the way of Kyanjin Ri (4400m). You'll ascend to Menchhyamsa Ri and descend another way to return to Kyanjin. The overall exploration day is about 5 hours.

**Destination:**

Kyanjing Gumba

**Accommodation**

Hotel

**Transportation:**

Hiking

**Duration:**

5 Hours

**Food:**

Breakfast, Lunch, Dinner

**Day 07: Trek to Yala Peak Base camp (4400m) 5-6 hours. (Tented Camp)**

After a pleasant exploration day at the Kyanjin, you'll get a delicious breakfast at the tea house of the Kyanjin Gompa. Right after breakfast, you'll head up to the Yala Peak Base Camp. Passing through the yak pasture and ascending gradually, you'll walk through the rocky trail.

However, the trail is easy along the Langshisha Kharka. Some people ride a horse to get to Yala Peak

Base Camp, but unfortunately, we are not providing a horse riding facility.

A 5-hour hike takes you to the Yala Peak Base Camp at an elevation of 4800m. We should have camped at Yala Peak base camp, as there is no facility for tea houses/lodges at the base camp. Boundless Adventure provides camping equipment to our crew. You'll get a packed lunch along the way from Kyanjin. We settle the camp, and dry/camp food is already prepared by the cook on your reach to the base camp. Overnight stay at Camp.

**Destination:**

Yala Peak Base camp

**Transportation:**

Hiking

**Duration:**

5 Hours

**Food:**

Breakfast, Lunch, Dinner

## **Day 08: Summit (5732m) and Langshisha kharka (4300m)**

You'll have a small climbing training about fixing rope, Jumar, and Crampons at the base camp a day earlier. After the success of training, a day earlier you'll be ready for the eight-day's most awaited journey. Around 3 am, you'll leave Yala base Camp with a packed lunch. You'll have our climbing team with you. A climbing guide will be ahead of you to fix all the climbing equipment.

To get to the summit of the Yala Peak at an elevation of 5732m, it takes approximately 4 hours. You'll get a mesmerizing view from the summit. The sunrise rays over the Himalayan peaks are unforgettable. As you finish exploring, you'll return to Yala Peak base camp in the same way, taken to get to Yala summit. 2 hours of descending takes you to Yala base Camp.

After that, you'll move towards Langshisha Kharka. 2 hours of walk from Yala Peak takes you to Langshisha Kharka at an elevation of 4300m. You have a pleasant dinner and overnight at the tented camp, managed by us.

**Destination:**

Langshisha Kharka

**Transportation:**

None

**Duration:**

9 hours

**Food:**

Breakfast, Lunch, Dinner

## **Day 09: Langshisha kharka to Kyanjin Gompa**

With a morning meal at Langshisha Kharka, you'll make your descending way to Kyanjin Gompa after getting to the summit of Yala Peak. Following the trail back to Kaynjin Gompa, you'll descend through yak pasture and alpine landscape.

The villages you'll pass through are familiar. As the trail includes descending, take care of your ankle as it may get hurt. Listen to the guide and descend while taking a rest at some points.

After covering the 18.6km distance by walking for 4 hours you'll get to your day's resting point, Kyanjin Gumpa. At this time, you can take Rest full day. You'll have lunch, dinner and overnight stay at Kyanjin Gumpa's tea house.

**Destination:**

Kyanjin Gumpa

**Accommodation**

Hotel

**Transportation:**

Hiking

**Duration:**

4 hours

**Food:**

Breakfast, Lunch, Dinner

**Day 10: Trek to Lama Hotel. 5-6 hours.**

Another return journey begins with a warm breakfast at Kyanjin Gumpa and descending towards Lama Hotel. Passing through the small settlements of Mundu, Langtang village, Thyangsyap, Ghodatabela, and Chunama you'll get to the Lama Hotel.

Before reaching the lama hotel from Chunama, you'll walk by the riverside of the Langtang Khola. After enjoying the familiar paths and stunning views, you'll get to the Lama Hotel within 6-7 hours, covering a 20 km distance. You'll get lunch at Ghodatabela, whereas your dinner and accommodation are Hotel in Lama Hotel.

**Destination:**

Lama Hotel.

**Accommodation**

Hotel

**Transportation:**

Hiking

**Duration:**

7 hours

**Food:**

Breakfast, Lunch, Dinner

**Day 11: Trek to Thulo Syabru 2120 m**

The eleventh day begins with a warm breakfast at Lama Hotel's tea house and trekking back from Lama Hotel to Thulo Syabru. Passing through the riverside, you'll get to Bamboo, where you'll rest for a while. Then the walk takes you to Doman. Passing through the forest with beautiful landscape, you'll set foot for the day's resting point, Thulo Syabru at an elevation of 2120m.

The 5-6 hours trek from Lama Hotel takes you to Thulo Syabru, covering approximately 13 km. You'll have lunch at Pahi, and dinner and overnight stay at the same tea house of Thulo Syabru.

**Destination:**

Thulo Syabru

**Accommodation**

Hotel

**Transportation:**

Hiking

**Duration:**

6 hours

**Food:**

Breakfast, Lunch, Dinner

**Day 12: Trek to Dhunche 2020m**

Enjoying the view of the Thulo Syabru area, you'll have a warm breakfast at the tea house where you have spent the night. After finishing breakfast, you'll continue your descending journey towards Dhunche.

Heading towards Brabal while enjoying the view, you'll get to Sano Bharku. The trail involves a mix of ascent and descent. Continuing trekking, you'll pass through Tamang village and get to Thulo Bharku.

From Thulo Bharku, the trail descends and you'll reach today's destination, Dhunche at an elevation of 1960m. You'll have lunch at Thulo Bharku. Accommodation and dinner are at the Hotel of Dhunche.

**Destination:**

Dhunche

**Accommodation**

Hotel

**Transportation:**

Hiking

**Duration:**

5 Hours

**Food:**

Breakfast, Lunch, Dinner

**Day 13: Drive back to Kathmandu.**

After having a morning meal at the tea house of the District headquarters of Rasuwa, Dhunche you'll pack your backpack to return to Kathmandu.

The drive from Dhunche to Kathmandu returns through the same highway you have taken while getting to Dhunche at the start of your journey.

The road first involves passing through Trishuli Bazar then takes route to Prithivi highway. During the drive, you'll get the stunning beauty of Nepal's distinctive landscapes.

Covering approximately 103 km drive, you'll get to Kathmandu within 6 hours of driving by Bus. As you get to Kathmandu, you'll drop by your hotel. Your lunch will be along the way, whereas, Dinner and overnight stay will be at the Hotel of Kathmandu



**Destination:**

Kathmandu

**Transportation:**

Bus

**Duration:**

6 Hours

**Food:**

Breakfast, Lunch

**Day 14: Final Departure.**

As per the time of the flight, we'll pick you up from your hotel and drop you at Tribhuvan International Airport for your departure to your own country.

With an unforgettable memory created during the Yala Peak Climbing journey, you'll say goodbye to our team and Nepal. Although the journey will be finished, the memory will last in your heart forever. From the side of Boundless Adventure, you are always welcome to Nepal and heartily welcome to explore the beauty of Nepal more with us.

**Transportation:**

Car

**Duration:**

20 minutes

**Food:**

Exclude

## Trip Includes

- Airport picks up and drops by car/van/bus.
- Three-time meals a day (Breakfast+, Lunch+ Dinner) during the trip.
- Accommodation during the trekking.
- Highly experienced, helpful, and friendly Trekking and climbing guide, porters (1 porter for two pax), their food, accommodation, salary, insurance, and equipment.
- Langtang National Park Entry Permit and Peak Climbing Permit.
- TIMS permits.
- Government taxes
- All ground transportation.
- Per person, one Trekking / Climbing map.

## Trip Excludes

- Travel insurance.
- Tips & donation
- All climbing [gears and equipment](#).

## Address

Paknajol Marga, Thamel

P.O.Box: 11670, Kathmandu, Nepal

**Email:** [info@boundlessadventure.com](mailto:info@boundlessadventure.com)

**Whatsapp Number:** [+9779851033819](tel:+9779851033819)

**Telephone Number:** [+977 1 4701884](tel:+97714701884)

**Telephone Number:** [+977 1 4701885](tel:+97714701885)